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Jinn, Magic or Mental Illness?

(In the light of the Holy Qur'an and Hadith)

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Dedication

I dedicate this book to the Holy Prophet Muhammad sal Allaahu alaihi wa sallam and my parents.

Dr Aziz Ahmed Quadri

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### Preface

“Everyday when I come home from work, my wife throws dishes at me, never cooks for me and always hurls abuses on me!” complains a businessman. “I don’t prepare report cards of my students, says an Arabic teacher. “This is because when I do so, I feel as if I am writing the divorce papers of my wife!” And groans a 27-year-old person: “I am troubled by strange voice telling me that I will die within half an hour!”

Well, if you think these persons are suffering from the effects of jinns or magic/witchcraft, it is not your fault. Most of the people in our community think so!

Generally, it is observed that if one gets afflicted with any physical, psychological or even social problems, one thinks oneself to be a victim of magic/witchcraft. One even thinks, nay convinces oneself, that those who practises magic as well as those who cures its effects have jinns at their command. Thus, it becomes imperative for us to know whether this holds true in the light of the Holy Qur’an and Hadith. Or else our very belief as a Muslim is at stake.

It is an old belief that both magic and jinns exist, and the Holy Qur’an and Hadith, too, have references about them. This is the reason why most people attribute their illness and sufferings to jinn and magic/witchcraft. However, no witch doctor/spiritual healer has ever been able to explain their effects with concrete evidence. Can anyone see and recognize a jinn? Can we really command a jinn and with his help cure diseases? These are the questions we have to find answers to with the help of the Holy Qur’an and Hadith. Or else, this will drive us to shirk (polytheism).

After 30 years of experience in dealing with thousands of patients, I have come to a conclusion that most of those ailments, which are generally believed to be due to magic and witchcraft, are actually psychiatric, physical or social problems. But, one tries to find their cure from the so-called witch doctors/spiritual healers!

Many patients have admitted before me that all those practices that witch doctors/spiritual healers adopt for treatment not only failed to cure their diseases, but sometime became the cause of polytheism. We have to propagate the belief in monotheism and always refer to the Holy Qur’an and Hadith, only then we will be on the right path and gain success in this world and hereafter. These are the crucial issues I tried to explain in this book. May Allah accept this and make it a source of my salvation, Ameen.

Dr Aziz Ahmed Quadri

A masterwork

‘Jinn, Magic or Mental Illness?’ by Dr Aziz Ahmed Quadri is a masterwork that helps us protect and strengthen our belief in Islamic monotheism (Tawheed). We all know Tawheed is fundamental to our belief. In this book, Dr Quadri, on the basis of his long experience, has proved that ninety-nine per cent people believe that ninety-nine per cent psychotic diseases are an effect of magic! And for treatment, they approach witch doctors, instead of psychiatrists, and spend precious time and money. The most worrisome aspect of the treatment offered by the so-called witch doctors/spiritual healers is that people face the risk of losing their faith in Tawheed.

Ibne-Abbas radi Allaahu anhu quotes Prophet Muhammad (sal Allaahu alaihi wa sallam) as saying, “When I was told to look at one side of the sky, I saw a huge crowd there. Again, I was told to look at the other side of the sky, there also I saw a huge crowd. Then I was informed that they are my followers and are accompanied by 70,000 people who will get heaven without assessment of their deeds.” When his companions asked who those people were, Prophet Muhammad (sal Allaahu alaihi wa sallam) said they are those who don’t practice magic, nor do help others do it, don’t think ill of others and keep full faith in Allah.” May Allah include us among such blessed group of people, Amen.

How can Dr Quadri deny the existence of jinns and magic/witchcraft as he himself has quoted in this book all those related Qura’nic and Hadith references about them? In fact, he has tried to distinguish between magic and psychotic disorders. He has also emphasized the need for the people to change their priorities and first approach qualified psychiatrists for treatment, before being duped by the so-called witch doctors/spiritual healers. This is the right course of action that helps us get relief from the ailments and avoid falling victim to polytheism.

Dr Quadri has given a proof of his wisdom and understanding by including human traits like anger, envy and enmity in the list of psychotic disorders. In the old golden days, saints used to heal people of such bad traits. But, it is hard to find such saints these days. Isn’t it?

Maulana Mohammed Riyazuddin Farooqui Nadvi,

Jamia Islamia Kashiful-Uloom, Aurangabad.

### **Best cure for psychotic disorders in the light of the Holy Qur’an**

‘Jinn, Magic or Mental Illness?’ I found this book most interesting and beneficial. Psychology is the scientific study of the mind and how it influences behavior. Islam is a natural religion and Prophet Muhammad (sal Allaahu alaihi wa sallam) was an expert psychologist, who has shown us the easy and practical measures to treat patients suffering from magic and psychiatric disorders. Dr Aziz Ahmed Quadri’s book, which is based on his meticulous research and treatment of such patients, is excellent work of its ilk. Through this book, he has tried to rid our community of the wrong beliefs in the light of the Holy Qur’an and Hadith and has provided the best cure for such diseases.

In his first book titled ‘Mental Health,’ Dr Quadri has also drawn our attention to the misunderstandings prevalent about the psychotic ailments, but in this book he has dealt with the subject in detail. His work needs to be published in all languages, so that nobody can remain deprived of the invaluable knowledge it offers. May Allah accept Dr Quadri’s efforts, Amen. Dr Quadri’s wife and children, too, have helped him in his endeavor and deserve commendations.

Dr Abdul Karim Mohammed Naik,

Neurologist, Mumbai

## How to get rid of blind beliefs?

Since various blind beliefs have been prevalent for ages, not only a common man but also an educated one comes under their influence. Islam spared no efforts to reform society, remove all evils and help the humanity be successful in both the worlds. If we look at these efforts, it becomes as clear as day that there are no problems whose solution cannot be found in the Holy Qur'an and Hadith.

The Holy Qur'an teaches us to think carefully about all that is there in the universe. In other words, the Holy Book wants us not to believe anything blindly. All the inventions that we see today are also the result of careful studies and research. This goes to prove the importance of carefulness and research in our life.

Warning against blind beliefs, Prophet Muhammad (sal Allaahu alaihi wa sallam) asked us to stay from magic and termed both teaching and learning of magic as haram (a strict no-no). It so happened that when Prophet Muhammad's (sal Allaahu alaihi wa sallam) son Ibrahim passed away, there was a solar eclipse. So, people started attributing the cause of his death to the solar eclipse. When Prophet Muhammad (sal Allaahu alaihi wa sallam) came to know about it, he told the people that no solar or moon eclipse occur on either death or birth day of anybody. They are simply the signs of Allah.

According to one more Hadith (Muslim Sharif), if anyone tells anything without confirmation, it is enough for him to be a liar.

## Proof of existence of jinns in the Qur'an and Hadith

Definition of jinn: Jinn is one of the creations of Allah. And the basic difference between a human being and jinn lies in the substance they are made of. Allah says in Surah Al-Hijr (verses 26 and 27),

وَلَقَدْ خَلَقْنَا الْإِنْسَانَ مِنْ صَلْصَلٍ مِنْ حَمَإٍ مَسْنُونٍ ﴿٢٦﴾ وَالْجَانَّ خَلَقْنَاهُ مِنْ قَبْلُ مِنْ نَارِ السَّمُومِ ﴿٢٧﴾

“And indeed, We created man from dried clay of altered mud. And the jinn, We created

aforetime from the smokeless flame of fire.

These verses explain not only what the human beings and jinns were made of, but also make it clear that jinns were created before human beings came into existence. There are also many other verses in the Holy Qur'an that corroborate this fact. In Surah Al-Hijr (verse, 33), the reason of satan disobeying to bow before Adam is cited in satan's own words. Satan (Iblis) said,

قَالَ لَمْ أَكُنْ لِأَسْجُدَ لِبَشَرٍ خَلَقْتَهُ مِنْ صَلْصَلٍ مِنْ حَمَإٍ مَسْنُونٍ ﴿٣٣﴾

“I am not the one to prostrate myself to a human being, whom you created from dried clay of altered mud.”

In Surah Al-A'raf (verse 12),

قَالَ مَا مَنَعَكَ إِلَّا تَسْجُدَ إِذْ أَمَرْتُكَ قَالَ أَنَا خَيْرٌ مِّنْهُ خَلَقْتَنِي مِن نَّارٍ وَخَلَقْتَهُ مِن طِينٍ ﴿١٢﴾

Allah said, “What prevented you (O Iblis) that you did not prostrate yourself, when I commanded you?” Iblis said, “I am better than him (Adam). You created me from fire, and him You created from clay.”

Surah Ar-Rahman (verse 15) says,

وَخَلَقَ الْجَانَّ مِن مَّارِجٍ مِّن نَّارٍ ﴿١٥﴾

“And the jinn: He created from a smokeless flame of fire.”

### **Purpose of creation of the world**

While mentioning the purpose of creation of human beings and jinns, Allah says (Surah Adh-Dhariyat, verse 56),

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ ﴿٥٦﴾

“And I (Allah) created not the jinn and mankind except that they worship Me (Alone).”

This makes it clear that both human beings and jinns have been created for the sole purpose of praying Allah and nothing else.

### **Can we see jinns?**

Surah Al-A'raf (verse 27) – further makes it clear that jinns are beyond the sight of human being and cannot be identified.

(QS7. Al A'raaf ayat 27)

إِنَّهُ يَرَاكُمْ هُوَ وَقَبِيلُهُ مِنْ حَيْثُ لَا تَرَوَهُمْ ۗ إِنَّا جَعَلْنَا الشَّيَاطِينَ أَوْلِيَاءَ لِلَّذِينَ لَا يُؤْمِنُونَ ﴿٢٧﴾

Verily, he and Qabiluhu (his soldiers from the jinn or his tribe) see you from where you cannot see them. Verily, We made the Shayatin (devils) Auliya (protectors and helpers) for those who believe not

### Proof of existence of jinns

One cannot deny the existence of jinns because the Holy Qur'an and Hadith provide ample evidence of it.

The Holy Qur'an on the existence of jinns

Allaah says in (Surah Al-Ahqaf, verse 29)

وَإِذْ صَرَفْنَا إِلَيْكَ نَفَرًا مِّنَ الْجِنِّ يَسْتَمِعُونَ الْقُرْآنَ فَلَمَّا حَضَرُوهُ قَالُوا أَنصِتُوا فَلَمَّا قُضِيَ وَلَّوْا إِلَىٰ قَوْمِهِمْ مُّنْذِرِينَ ﴿٢٩﴾

And (remember) when We sent towards you (Muhammad, sal Allaahu alaihi wa sallam) a group (three to ten persons) of the jinn, (quietly) listening to the Qur'an. When they stood in the presence thereof, they said, "Listen in silence?" And when it was finished, they returned to their people, as warners.

And Allaah says (Surah Al-An'am, verse 130),

يَمَعَشَرَ الْجِنِّ وَالْإِنْسِ أَلَمْ يَأْتِكُمْ رُسُلٌ مِّنكُمْ يَقُصُّونَ عَلَيْكُمْ آيَاتِي وَيُنذِرُونَكُمْ لِقَاءَ يَوْمِكُمْ هَٰذَا قَالُوا شَهِدْنَا عَلَىٰ أَنفُسِنَا ۗ وَغَرَّتْهُمُ الْحَيَاةُ الدُّنْيَا وَشَهِدُوا عَلَىٰ أَنفُسِهِمْ أَنَّهُمْ كَانُوا كَافِرِينَ ﴿١٣٠﴾

O you assembly of jinn and mankind? "Did not there come to you Messengers from amongst you, reciting unto you My Verses and warning you of the meeting of this Day of yours?" They will say, "We bear witness against ourselves." It was the life of this world that deceived them. And they will bear witness against themselves that they were disbelievers.

And Allaah said, (Surah Ar-Rahman, verse 33)

يَمَعَّشَرَ الْجِنِّ وَالْإِنْسِ إِنَّ اسْتِطَعْتُمْ أَنْ تَتَفَدُّوا مِنْ أَقْطَارِ السَّمَوَاتِ وَالْأَرْضِ فَانْفُدُوا لَا تَتَفَدُّونَ  
إِلَّا بِسُلْطَنِ ۗ

O assembly of jinn and mankind? If you have power to pass beyond the zones of the heavens and the earth, then pass beyond (them)! But you will never be able to pass them, except with authority (from Allah)!

And when Allaah said, (Surah Al-Jinn, verse 1)

قُلْ أُوحِيَ إِلَيَّ أَنَّهُ اسْتَمَعَ نَفَرٌ مِّنَ الْجِنِّ فَقَالُوا إِنَّا سَمِعْنَا قُرْءَانًا عَجَبًا ۗ

Say (O Muhammad, sal Allaahu alaihi wa sallam): “It has been revealed to me that a group (from three to ten in number) of jinn listened (to this Qur’an). They said: “Verily, we have heard a wonderful Recitation (this Qur’an)!

And when Allaah said, (Surah Al-Jinn, verse 6)

وَأَنَّهُ كَانَ رِجَالٌ مِّنَ الْإِنْسِ يَعُوذُونَ بِرِجَالِ الْجِنِّ فَزَادُوهُمْ رَهَقًا ۗ

“And verily, there were men among mankind who took shelter with the males among the jinn, but they (jinn) increased them (mankind) in sin and transgression).

### Hadith on existence of jinns

Hazrat Ayesha, may Allaah be pleased with her, quotes Prophet Muhammad (Peace and Blessings of Allaah be upon him) as saying, “Angels were made of light (noor), jinns out of the flame of fire and Adam was made of the thing that has already told to you.”

(Muslim Sharif 18-123).

Hazrat Abu Sa’eed al-Qudri, may Allaah be pleased with him, quotes Prophet Muhammad (Peace and Blessings of Allaah be upon Him) as saying, “I see you like your goats and village very much. When you are with your goats in your village and call for prayer, you raise your voice. This is because whosoever listen the call for prayer, be it jinns or anything else, they will be witness to it on the Day of Resurrection.

(Bukhari 343-6)

Different thoughts regarding jinns creep in the mind of people. Let’s try to understand them in the light of the Qur’an and Hadith. The Qur’an has proved that jinns are also one of the creations of Allah and human beings cannot see them. When we cannot see jinns, then it is impossible for us to recognize

them. Generally, it is believed that witch doctors can have control over them and can use them for any work.

If we look at the prayer of Hazrat Sulayman, alayhi salaam, it becomes clear that Allah had given this power to Hazrat Sulayman, alayhi salaam alone.

Allaah says, (Surah Sad, verse 35)

قَالَ رَبِّ اغْفِرْ لِي وَهَبْ لِي مُلْكًا لَا يَنْبَغِي لِأَحَدٍ مِّنْ بَعْدِي إِنَّكَ أَنْتَ الْوَهَّابُ ﴿٣٥﴾

He (Sulayman, alayhi salaam) said, “My Lord! Forgive me, and bestow upon me a kingdom such as shall not belong to any other after me. Verily, You are the Bestower.”

Allah granted Hazrat Sulayman, alayhi salaam’s prayer, asking jinns to obey him.

Allah says, (Surah Al-Anbiya, verse 82)

وَمِنَ الشَّيْطَانِ مَن يَغُوصُونَ لَهُ وَيَعْمَلُونَ عَمَلًا دُونَ ذَلِكَ وَكُنَّا لَهُمْ حَفِظِينَ ﴿٨٢﴾

“And of the shayateen (devils from the jinn) were some who dived for him, and did other work besides that; and it was We Who guarded them.

At one more place, Allah says, (Surah Sad, verses 37,38)

وَالشَّيْطَانِ كُلِّ بَنَاءٍ وَغَوَّاصٍ ﴿٣٧﴾ وَءَاخِرِينَ مُقَرَّنِينَ فِي الْأَصْفَادِ ﴿٣٨﴾

“And also the Shayatin (devils) from the jinn (including) every kind of builder and diver, And also others bound in fetters.

According to Hazrat Ayesha, may Allaah be pleased with her, Prophet Muhammad (Peace and Blessings of Allaah be upon him) was leading prayers when Satan arrived there. Prophet Muhammad (Peace and Blessings of Allaah be upon him) then removed him and after the prayers said, “While removing him, I even felt the moister of his tongue. And if my brother Sulayman, alayhi salaam had not prayed, I would have tied him (Satan) to a pillar, so that people could have seen him. (Sahih Bukhari & Nasai)

This Hadith shows that even Prophet Muhammad (Peace and Blessings of Allaah be on him) did not like to gain control over a jinn. But, generally people claim to get control over jinns. They should have to prove with concrete evidence that they really have jinns at their command and get any work done by them.

In my 30 years of medical practice, I personally had interaction with the so-called witch doctors who were popular for having jinns at their command. They, however, admitted that they don’t have any magic powers nor do they have any jinn at their command. “We only pray to Allah who actually cures them,” they said.



The Qur'an has also clarified that jinns don't have any knowledge about the hidden things.

Allah says in the Qur'an, (Surah Al-Hijr, verses 16, 17, 18)

وَلَقَدْ جَعَلْنَا فِي السَّمَاءِ بُرُوجًا وَزَيَّنَّاهَا لِلنَّاظِرِينَ ﴿١٦﴾ وَحَفِظْنَاهَا مِنْ كُلِّ شَيْطَانٍ رَجِيمٍ ﴿١٧﴾ إِلَّا  
مَنْ أَسْرَقَ السَّمْعَ فَاتَّبَعَهُ شَهَابٌ مُبِينٌ ﴿١٨﴾

“And indeed, We have put the big stars in the heaven and We beautified it for the beholders. And We have guarded it (near heaven) from every outcast shaytaan (devil). Except him (devil) who steals the hearing then he is pursued by a clear flaming fire.

This Qur'anic verse clearly shows that jinns cannot get any information from the skies nor do they have any knowledge about the hidden things.

Although there are some Hadith referring to jinns under the disguise of human beings and animals like dogs, cats, snakes etc, it is not only difficult, but impossible to recognize them.

The Qur'an was revealed to Prophet Muhammad (Peace and Blessings of Allaah be upon him) through angel Jibreel and there are certain references in the Hadith that jinns used to introduce themselves to Prophet Muhammad (Peace and Blessings of Allaah be upon him). One incident of Hazrat Abu Hurayra, may Allaah be pleased with him, makes it clear that recitation of the Qur'anic chapter of 'Aayat alKursi' (Al Baqarah: 255) is enough to get rid of jinns. No other action is required to make jinns stay away rather than reading this chapter.

According to Imam Bukhari, a bizarre incident had happened with Hazrat Abu Hurayra, may Allaah be pleased with him. Hazrat Abu Hurayra, may Allaah be pleased with him, recounts, “Prophet Muhammad (Peace and Blessings of Allaah be upon him) had deployed me to look after the alms received as zakat (charity). One man came and started filling his bag with the alms. I caught hold of him and said, “Allaah promise, I will produce you before Prophet Muhammad (Peace and Blessings of Allaah be upon him). He said, “I'm very poor and has small children to feed and, therefore, direly in need of the alms.” I let him go and next morning Prophet Muhammad (Peace and Blessings of Allaah be upon him) asked me, “What did the man tell you, last night?” I replied, “He complained about his poverty and termed him as the needy person. I felt very sorry about him and let him go. Then Prophet Muhammad (Peace and Blessings of Allaah be upon him) said the person had lied and would come once again. I was sure that the person would come because Prophet Muhammad (sal Allaahu alaihi wa sallam) had told me so. And, therefore, I was waiting for him. He came and was stealing the alms. I caught him again and told him, “I will produce you before Prophet Muhammad (sal Allaahu alaihi wa sallam). He repeated the same excuse and promised not to come again.

Next morning, Prophet Muhammad (sal Allaahu alaihi wa sallam) again asked me about the fellow. I narrated the episode. Prophet Muhammad (sal Allaahu alaihi wa sallam) said he had lied and would come again. True to Prophet Muhammad's (sal Allaahu alaihi wa sallam) saying, the man came again and started stealing the alms. I caught him and said that I would definitely produce him before Prophet Muhammad (sal Allaahu alaihi wa sallam). This is the third time that you are stealing the alms. Each time you promise not to come, but fail to keep your word. He requested to allow him go this time and promised to teach some verses that would help me benefit a lot. When I asked what those verses were,

he said, “When you go to bed, recite Aayat al Kursi. If you do this, Allah will send you a guard who will protect you from Satan throughout the night. After this, I allowed him to go.

Next morning, Prophet Muhammad (sal Allaahu alaihi wa sallam) again put the same question. I narrated the whole conversation that took place between me and the person. Then Prophet Muhammad (sal Allaahu alaihi wa sallam) asked me whether I knew who the man was actually. I replied in negative. Then Prophet Muhammad (sal Allaahu alaihi wa sallam) said it was Satan under the guise of a human being. “Although he is a liar, this time he told you the right thing,” Prophet Muhammad (sal Allaahu alaihi wa sallam) told me.”

This incident further makes it clear that neither did Hazrat Abu Hurayrah, radi Allahu anhu, recognize Satan, who had come under the guise of a human being nor the Prophet Muhammad (sal Allaahu alaihi wa sallam) ever told us about any signs of jinns. Whatever was revealed to Prophet Muhammad (sal Allaahu alaihi wa sallam) it was through angel Jibreel. And this is how Prophet Muhammad (sal Allaahu alaihi wa sallam) came to know that the person Hazrat Abu Hurayrah caught was actually Satan and had to speak the truth about Aayat al Kursi when threatened to be produced before Prophet Muhammad (sal Allaahu alaihi wa sallam).

Thus, recitation of Aayat al Kursi is the simple yet sure way to ward off Satan. If one happens to see a jinn, read Aayat al Kursi, he will vanish from the sight.

All said and done, one comes to a conclusion that jinns are also a creation of Allaah and made of the flame of fire, much before the creation of human beings, for the sole purpose of praying Allah. Although they remain obscure, they have the powers to get disguised themselves as either human beings or animals. There is, however, no evidence of witch doctors exercising any authority over jinns and healing people with their help. Barring Hazrat Sulayman, alayhi salaam, may Allaah have mercy on him, Allah has not given the powers to command jinns to anyone. Moreover, there is no proof that Prophet Muhammad (sal Allaahu alaihi wa sallam) had any jinns at his command.

**Definition of magic:** In Arabic language, the word sahar is used for magic. There is a consensus among ulema (scholars) that magic is an art of doing seemingly impossible tricks with the help of Satan.

According to Hazrat Ayesha, radi Allaahu anha, Arabs use the word sahar for magic. For, it changes health into a disease.

Imam Ibnul Qayyim al Jawzi rahimahullah says, magic is an affect of evil powers that destroys the well-being of the mankind.

While speaking about magic, Ibn Fars said, One community believes that magic presents unrealistic things as real.

The Holy Qur'an on magic: Allah says, in Surah al Baqarah, verse 102

وَاتَّبَعُوا مَا تَتْلُوا الشَّيْطِينُ عَلَىٰ مُلْكِ سُلَيْمَانَ ۗ وَمَا كَفَرَ سُلَيْمَانُ وَلَٰكِنَّ الشَّيْطِينَ كَفَرُوا يُعَلِّمُونَ  
النَّاسَ السِّحْرَ وَمَا أُنزِلَ عَلَى الْمَلَكَيْنِ بِبَابِلَ هَارُوتَ وَمَارُوتَ ۗ وَمَا يُعَلِّمَانِ مِنْ أَحَدٍ حَتَّى يَقُولَا  
إِنَّمَا حُنُّ فِتْنَةٍ فَلَا تَكْفُرْ ۗ فَيَتَعَلَّمُونَ مِنْهُمَا مَا يُفَرِّقُونَ بِهِ بَيْنَ الْمَرْءِ وَزَوْجِهِ ۗ وَمَا هُمْ بِضَارِّينَ بِهِ  
مِنْ أَحَدٍ إِلَّا بِإِذْنِ اللَّهِ ۗ وَيَتَعَلَّمُونَ مَا يَضُرُّهُمْ وَلَا يَنْفَعُهُمْ ۗ وَلَقَدْ عَلِمُوا لَمَنِ اشْتَرَاهُ مَا لَهُ فِي الْآخِرَةِ  
مِنْ خَلْقٍ وَلِبِئْسَ مَا شَرَوْا بِهِ أَنْفُسَهُمْ لَوْ كَانُوا يَعْلَمُونَ ﴿١٠٢﴾

“They followed what the Shayatin (devils) gave out (falsely of the magic) in the lifetime of Sulayman, alayhi salaam (Solomon). Sulayman, alayhi salaam did not disbelieve, but the Shayatin (devils) disbelieved, teaching men magic and such things that came down at Babylon to the two angels, Harut and Marut, but neither of these two (angels) taught anyone (such things) till they had said, “We are only for trial, so disbelieve not (by learning this magic from us).” And from these (angels) people learn that by which they cause separation between man and his wife, but they could not thus harm anyone except by Allah’s Leave. And they learn that which harms them and profits them not. And indeed they knew that the buyers of it (magic) would have no share in the Hereafter. And how bad indeed was that for which they sold their own selves, if they but knew.

And Allaah says in, (Surah Al-Falaq).

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي  
الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

Say, “I seek refuge with (Allah), the Lord of the daybreak, From the evil of what He has created, And from the evil of the darkening (night) as it comes with its darkness (or the moon as it sets or goes away), And from the evil of those who practice witchcraft when they blow in the knots, And from the evil of the envier when he envies.”

And Allaah says in (Surah an-Naas),

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾ الَّذِي  
يُوسِّسُ فِي صُدُورِ النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

Say, “I seek refuge with (Allah) the Lord of mankind, The King of mankind, The Ilaah (God) of mankind, From the evil of the whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one’s heart after one remembers Allah). Who whispers in the breasts of mankind, Of jinn and men.”

### What Hadith say about magic?

Hazrat Ayesha, radi Allaahu anha, says Labeled Bin Al-Asam, who belonged to the Banu Zureekh community, had worked magic on Prophet Muhammad (sal Allaahu alaihi wa sallam). Because of this, he used to feel that he has done a particular work, but in reality he didn’t. The condition prevailed for several days. One day (or night), Prophet Muhammad (sal Allaahu alaihi wa sallam) was with me and after repeated prayers, he told me, “Ayesha, do you know Allah has accepted my prayer? Two people came to me, one stood near my head and the other near the feet. Then one asked the other what has happened to this man (Prophet Muhammad, sal Allaahu alaihi wa sallam). In reply, he said someone has worked magic on him. The first person then again asked who has done this magic. He replied Labeled Bin Al-Asam. How? He replied: With the help of a comb, hairs and bunch of dates. Again, he asked where the magic has been done. He replied a well called Baire Zardaan.”

Hazrat Ayesha continues, “Hence, Prophet Muhammad (sal Allaahu alaihi wa sallam), along with some of his companions, went to the well, and returned home after sometime. Prophet Muhammad (sal Allaahu alaihi wa sallam) then told me, “Ayesha, the well water had turned red and the heads of dates had become like that of Satan’s --- very, very ugly.”

Hazrat Ayesha says, “Oh, Messenger of Allaah, didn’t you remove those things from the well?” He said, “Allaah has cured me and I don’t want anybody to get indulge in any wrong doings.” Later on, Prophet Muhammad (sal Allaahu alaihi wa sallam) ordered that those things be removed from the well and buried in the ground.

This Hadith explicitly shows that Prophet Muhammad (sal Allaahu alaihi wa sallam) didn’t diagnose his illness as magic, but those two angels informed him about it. Thus, when Prophet Muhammad (sal Allaahu alaihi wa sallam) himself could not know the reason of his illness until disclosed by the angels, how difficult it is to understand the affects of magic by common men. Only angels can do this. And even after knowing the cause of his illness Prophet Muhammad (sal Allaahu alaihi wa sallam) only said that Allaah had cured him. This is why we should have a complete faith in Allaah rather than in the treatment methods offered by the so-called witch doctors.

While writing about the last eleven verses of Qur’an experts state that when Prophet Muhammad (sal Allaahu alaihi wa sallam) started reciting those eleven verses, the eleven knots of magic got untied one

by one. And it was a routine of Prophet Muhammad (sal Allaahu alaihi wa sallam) to read those verses day and night. Therefore, if we read them, we will remain protected from the influence of magic.

Hazrat Abu Hurayrah quotes Prophet Muhammad (sal Allaahu alaihi wa sallam) as saying “that one should refrain from doing seven fatal things. They include polytheism, magic, killing innocent, taking interest, usurping wealth of orphans, fleeing from battle ground and accusing innocent women of infidelity. (Sahih Muslim and Sahih Bukhari)

**Is learning of magic allowed?** Certainly not.

Surah Al-Baqarah, verse 102, says,

وَاتَّبَعُوا مَا تَتْلُوا الشَّيْطِينُ عَلَىٰ مُلْكِ سُلَيْمَانَ ۗ وَمَا كَفَرَ سُلَيْمَانُ وَلَٰكِنَّ الشَّيْطِينَ كَفَرُوا يُعَلِّمُونَ  
النَّاسَ السِّحْرَ وَمَا أُنزِلَ عَلَىٰ الْمَلَائِكَةِ بَابِلَ هَرُوتَ وَمَرُوتَ ۚ وَمَا يُعَلِّمَانِ مِنْ أَحَدٍ حَتَّىٰ يَقُولَا  
إِنَّمَا خُنَّ فِتْنَةٌ فَلَا تَكْفُرْ ۗ فَيَتَعَلَّمُونَ مِنْهُمَا مَا يُفَرِّقُونَ بِهِ بَيْنَ الْمَرْءِ وَزَوْجِهِ ۚ وَمَا هُمْ بِضَارِّينَ بِهِ  
مِنْ أَحَدٍ إِلَّا بِإِذْنِ اللَّهِ ۗ وَيَتَعَلَّمُونَ مَا يَضُرُّهُمْ وَلَا يَنْفَعُهُمْ ۗ وَلَقَدْ عَلِمُوا لَمَنِ اشْتَرَاهُ مَا لَهُ فِي الْآخِرَةِ  
مِنْ خَلْقٍ وَلَبِئْسَ مَا شَرَوْا بِهِ أَنفُسَهُمْ ۗ لَوْ كَانُوا يَعْلَمُونَ ﴿١٠٢﴾

“They followed what the Shayatin (devils) gave out (falsely of the magic) in the lifetime of Sulayman, alayhi salaam (Solomon). Sulayman, alayhi salaam did not disbelieve, but the Shayatin (devils) disbelieved, teaching men magic and such things that came down at Babylon to the two angels, Harut and Marut, but neither of these two (angels) taught anyone (such things) till they had said, “We are only for trial, so disbelieve not (by learning this magic from us).” And from these (angels) people learn that by which they cause separation between man and his wife, but they could not thus harm anyone except by Allah’s Leave. And they learn that which harms them and profits them not. And indeed they knew that the buyers of it (magic) would have no share in the Hereafter. And how bad indeed was that for which they sold their ownselves, if they but knew.

**Do magicians achieve success?** These days, people are defrauded in the name of magic (and Jinn possession). Despite this, people are increasingly falling victim to it. Do magicians really succeed in their plans? The Holy Qur’an provides the answer to this question as under: It quotes in Surah Younus, 77

قَالَ مُوسَىٰ أَتَقُولُونَ لِلْحَقِّ لَمَّا جَاءَكُمْ ۗ أَسِحْرٌ هَٰذَا وَلَا يُفْلِحُ السَّاحِرُونَ ﴿٧٧﴾

Musa (Moses) as saying , “Say you (this) about the truth when it has come to you? Is this magic? But the magicians will never be successful.”

At one more place, in Surah Ta Ha, Allah says,

فَأَوْجَسَ فِي نَفْسِهِ خِيفَةً مُوسَى ﴿٧٧﴾ قُلْنَا لَا تَخَفْ إِنَّكَ أَنْتَ الْأَعْلَى ﴿٧٨﴾ وَأَلْقِ مَا فِي يَمِينِكَ تَلْقَفْ مَا صَنَعُوا إِنَّمَا صَنَعُوا كَيْدٌ سِحْرٍ وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى ﴿٧٩﴾ فَأُلْقِيَ السَّحَرَةُ سُجَّدًا قَالُوا ءَامَنَّا بِرَبِّ هَارُونَ وَمُوسَى ﴿٨٠﴾

“So Musa (Moses) conceived fear in himself. We (Allah) said, “Fear not! Surely, you will have the upper hand.” And throw that which is in your right hand. It will swallow up that which they have made. Which they have made is only a magician’s trick, and the magician will never be successful, to whatever amount (of skill) he may attain.” So the magicians fell down prostrate. They said, “We believe in the Lord of Harun (Aaron) and Musa (Moses).”

The Holy Qur’an refers to magic in two episodes. The first dates back to the period of Hazrat Sulayman, alayhi salaam when Harut and Marut taught people magic aimed at spoiling husband-wife relationship, which is mentioned in Surah Al-Baqarah, verse no. 102. **It doesn’t explain the method of magic.**

The second episode is related to the period of Musa, alaihi salaam, when Fir’aun (Pharaoh) magicians showed people snakes, which were actually ropes. Books of Hadith refer to one more incident of magic and that was worked on Prophet Muhammad (sal Allaahu alaihi wa sallam).

**Types and affects of magic:** Generally, there are eight types of magic, as per different references. They are 1) Sahar-e-Tafreeq 2) Sahar-e-Muhabbat 3) Sahar-e-Taqleel 4) Sahar-e-Junoon 5) Sahar-e-Khamool 6) Sahar-e-Hawataf 7) Sahar-e-Amraaz and 8) Sahar-e-Isteqaza

**1) Sahar-e-Tafreeq:** The affects of Sahar-e-Tafreeq include a sudden change in loving relationship, rise in doubts and suspicion between wife and husband, rejecting each other's reasons, feeling/considering a little difference of opinion as a big issue, man starts feeling his wife to be ugly and woman feels her husband to be ugly, one starts hating every work of one's spouse or dislike the place where one's spouse sits.

**2) Sahar-e-Muhabbat:** Too much love for wife, desire to have frequent intercourse, feeling unrest in the absence of wife, anxious to see wife and blindly following wife.

**3) Sahar-e-Taqleel:** Moving things look static and static things look moving. Small things look big and big ones look small. Different things look differently, as it is proved by the episode of Hazrat Musa, alaihi salaam, when magician's robes and wood logs looked as snakes.

**4) Sahar-e-Junoon:** Affects of Sahar-e-Junoon are anxiety, unreasonable and excessive talkativeness, restlessness and careless about one's appearance. In chronic cases of Sahar-e-Junoon, people walk continuously with face upholding high and sleep at secluded places.

**5) Sahar-e-Khamool:** Aloofness, selfishness, complete speechless, anxiety, constant headache, feeling restlessness in gatherings/parties and constant laziness.

**6) Sahar-e-Hawataf:** Horrific dreams, feeling that someone is calling in dreams, hearing noises and seeing nobody while awake, developing suspicions about friends, feeling that one is to fall from a big mountain, seeing horrific animals following in dreams.

**7) Sahar-e-Amraaz:** Constant pain in one of the body parts, bouts of fits/epilepsy, feeling numbness in the whole body or some parts and non-working of one of the senses.

**8) Sahar-e-Isteqaza:** Patients of Sahar-e-Isteqaza experience bleeding even after end of menstruation period. The bleeding can last for a month with varied quantity.

## Effects of magic or symptoms of mental disorders?

Magic is proved by the Holy Qur'an and Hadith. But, the Holy Qur'an has strongly condemned both the magicians and the so-called witch doctors and all those babas (quacks) who claim to heal the disease with their unfounded methods. And needless to say, Hadith also prove this beyond any doubt.

Different Islamic scholars and witch doctors have identified different symptoms of magic and witchcraft. These symptoms bear striking resemblance to that of psychological diseases. This topic has been discussed at great length in the subsequent chapters, which are based on the symptoms and various psychological disorders and treatment available. These chapters also recount the experience of some patients, who were referred to me after trying witch doctors and are now leading a normal and healthy life.

## Comparative study of black magic and psychotic diseases

My book 'Mental Health' presents a detailed study of psychological diseases. Here, I would like to discuss different types and effects of black magic. Most of the effects of black magic are similar to that of psychological diseases. Here is a detailed study.

**1) Sahar-e-Tafreekh:** The effects of this type of black magic, like a sudden change in loving relationship, rise in doubts and suspicions between wife and husband, rejecting each other's reason, feeling or considering a little difference of opinion as a big issue etc, are also found in patients of psychological diseases called schizophrenia and depression. Spouses feeling each other's face ugly and not liking each other's work are the symptoms also found in patients of depression.

**2) Sahar-e-Muhabbat:** The symptoms of this black magic are excessive love for one's wife, desire for frequent intercourse and feeling restlessness in the absence of one's wife. These symptoms are also found in patients suffering from Hypomania.

**3) Sahar-e-Taqleel:** Small things look big and big things look small and moving things look static and vice versa for the people suffering from this type of magic. These symptoms are also found in patients of psychological diseases like macropsea, micropsea, epilepsy and temporal lobe, whereas for patients of disease called illusion, static things like robes looks like moving snakes.

**4) Sahar-e-Junoon:** The symptoms of this type of black magic include excessive talking, not stopping at one place, not to continue an important work and walking with holding head upward. These symptoms are also found in the patients of mania. Other symptoms of this magic like anxiety and not caring about appearance are found in the people suffering from depression and, like Sahar-e-Junoon-affected people, patients of schizophrenia also sleep at secluded and deserted places.

**5) Sahar-e-Khamool:** Aloofness, selfishness, remaining complete silent, anxiety, constant headache, disliking for parties and fatigue are the symptoms of those persons affected by Sahar-e-Khamool. These symptoms are also found in the patients of schizophrenia and depression.

**6) Sahar-e-Hawakhaf:** The symptoms of Sahar-e-Hawakhaf are horrific dreams, feeling someone is calling in dreams, falling from a big mountain and seeing horrific animals following in dreams. These symptoms are also seen in the patients suffering from anxiety. The other symptoms like hearing voices



when nobody is around are found in patients of disease called hallucination. There are different types of hallucination. Symptoms of excessive doubts and suspicions about friends and relatives are found in the patients suffering from depression and paranoid schizophrenia. For details, refer to my book 'Mental Health.'

**7) Sahar-e-Amraaz:** Constant pain in one or all parts of the body, bouts of fits, non-working of one of the five senses are the symptoms found in the people suffering from Sahar-e-Amraaz. All these symptoms are also found in patients of physical diseases.

**8) Sahar-e- Isteqaza:** This is also a physical disease.

Seeing, hearing and sensing anything that is actually non-existent. Feeling something is touching when it is not so are all symptoms of psychosis patients. Generally, such symptoms are considered to be effects of black magic, but it is not so. For, such affects can be felt by consuming psychotropic drugs like ganja, charus, heroine, afheem, liquor etc. Patients of schizophrenia feel things that are actually non-existent. For example, hearing of voices and bells or feeling presence of person/persons in a room or under a bed, despite absence of anybody. Patients of this disease also feel presence of some idols; jinns and persons when they are not present and small things look big and big ones small, human beings look as Satan or feeling as if body is riddled with worms and insects.

When we know the causes of such effects, then on what basis they are called black magic. Moreover, we cannot call them black magic on the basis of the evidence provided by the Qur'an and Hadith.

Existence of Jinn is an established fact, but where they exist and whether somebody/animals are possessed by them, is a topic that requires deep research. There are references in the Qur'an and Hadith that confirm the existence of Jinn. But they do not mention anything about how they trouble human beings. Moreover, in 30 years of my medical experience, I have found that most of the patients do suffer from psychological disorders. However, the sad aspect of the whole story is that these people first seek treatment from the so-called witch doctors, who convince them of either being possessed by Jinn or suffering from effects of witchcraft. They prescribe different treatment methods to heal such patients and 'taweez' is one of them.

## **Symptoms of psychological disorders**

Generally, symptoms of psychological disorders are similar, which are mentioned as under:

1. Loss of sleep
2. Anxiety and restlessness
3. Loss of memory
4. Loss of appetite
5. Frequent urination
6. Pain in chest, back and other body parts
7. Fatigue and laziness
8. Loss of interest in work
9. Physical and sexual weakness
10. Preferring aloofness
11. Dirty thoughts
12. Doing same work repeatedly
13. Hearing different voices
14. Seeing different things
15. Small things look big
16. Big things look small
17. Screaming and shouting
18. Indulging in abuses
19. Continuous talking
20. Behaving like children

21. Disobeying parents
22. Quarrels between spouses over trivial issues
23. Long quietness
24. Horrific dreams
25. Disturbed sleeps due to bad dreams
26. Walking in sleep
27. Going out of home and returning after a while
28. Becoming more suspicious and doubtful
29. Growing suspicion between spouses
30. Loss of interest in studies
31. Loss of interest in routine work
32. Feeling more powerful than others
33. Not to be controlled by many people
34. Bouts of madness (hazri)
35. Speaking languages other than mother tongue
36. Claim to know hidden things

All said and done, one becomes so weak individually and socially that one's problems get confounded day by day. If all or some of the above mentioned-symptoms are found in a patient, witch doctors diagnosed him/her with black magic. Many patients get treatment from witch doctors for several years in the hope of a cure, but when their disease becomes chronic they approach me. I have reproduced the experience of some of such patients in the subsequent chapters.

### **Photo captions**

**MRI images of a patient suffering from schizophrenia disease.**

**MRI images of the brain of a normal person**

**An MRI image of the brain of a person suffering from depression**

## **Treatment of magic in the light of the Qur'an and Hadith**

Many people approach witch doctors for the treatment of psychological diseases, believing them to be the effects of black magic or witchcraft. These so-called and self-styled witch doctors use unscientific and illogical methods to treat such patients.

It is very difficult to confirm the different methods of black magic and so are their effects. Generally, people say that non-Muslims indulge in black magic. However, those non-Muslims who carried out extensive research on the topic have come to a conclusion that it is very difficult to find out whether one can do harm with the help of black magic. For, most of the time, people are defrauded in the name of black magic and its treatment. Moreover, my experience with several patients also bears the truth. When I took away 'taweez' from several patients, I found that they contained either pieces of plain papers, leaves and roots of trees, different diagrams, last two verses of Qur'an, names of Devttas and Devis or Ayatal Kursi. Even in one taweez, a small copy of the Qur'an was found. After adopting all these methods, people approach me for treatment.

Prophet Muhammad (sal Allaahu alaihi wa sallam) said, "One who wears a taweez (amulets), is one does polytheism (shirk)."

It is very difficult to say about the benefits of a taweez. If a taweez contains Qur'anic verses, there is a great possibility of disrespect to them, as patients wear the taweez all the time, even while going to toilet. Some people hold 'taweez' in so high esteem that they don't agree to take it off at any cost. Here, I would like to present the example of a patient, who was suffering from conditions like anxiety, restlessness, insomnia etc. She was taken to a witch doctor, who gave her a 'taweez,' but when it did not work, she was hospitalized and her illness was diagnosed as depression. She was treated for the illness and got well soon. She used to forbid her husband come near her. For, her respect for her 'taweez' grew so high that she developed a thought that intimacy with her husband would be disrespect to it. This further led to a strained relationship between them and the things came to such a pass that divorce seemed inevitable. After much persuasion, I succeeded in taking her 'taweez' off. But no sooner did her taweez removed than her facial expressions go changed and looking angrily at her husband she said his face had turned ugly. At this moment, I asked the lady where she read about it. She burst into laughter and later admitted that there was no harm even after removal of her 'taweez.' And the couple started living happily thereafter.

Regarding taweez, my experience shows that a patient, despite suffering from psychological disease, feels being protected by the effects of black magic as far as he/she wears a taweez and gets affected once it is taken off. If such patients are convinced about what a taweez contains and there would be no harmful effects even after its removal, it would greatly help in healing them.

It is worthwhile to recall one interesting incident relating to taweez. Shaykh Saadi (RA), during a journey, was passing through a town when it became dark. He was looking for a stay overnight. One person agreed to provide him stay on the condition that he should give a taweez for his wife, who was in labor. Saadi (RA) wrote something on a piece of paper and asked him to tie it around the stomach of his wife. By a sheer co-incident, his wife delivered a baby same night. When a witch doctor came to know about this incident, he became curious to know what Saadi (RA) had written on the piece of paper. Saadi (RA) had written "Both I and my donkey are fine and arrangement for a night stay has also been made. (Awaz-e-Dost, Muqtar Masood).

This story proves that such co-incidents do occur sometime and make people believe such things. As far as Islam is concerned, the use of taweez has been declared as strict no, no.

### Some images of taweez recovered from patients

**Hadith on taweez:** Hazrat Abdullah Bin Masood (radi Allaahu anhu) quotes Prophet Muhammad (sal Allaahu alayhi wa sallam) as saying that taweez and chanting of mantras is certainly 'shirk.'

When one person gets involved in shirk of taweez and chanting of mantras, another gets busy in compensating it. Hazrat Abdullah Bin Masood (radi Allaahu anhu) refers Prophet Muhammad (sal Allaahu alayhi wa sallam) as saying that undoing of magic is the satanic work. There are many Hadith which are against seeking knowledge about taweez, mantras and hidden things.

Hazrat Ukhaba Bin Amer (radi Allaahu anhu) quotes Prophet Muhammad (sal Allaahu alayhi wa sallam) as saying that Allah won't fulfill aspirations of those who wear taweez. And those who wear kodi will be deprived of happiness.

The Qur'an has condemned and warned of severe punishment to such (witch) doctors where Allaah says, (Surah Tawba 34)

﴿يَأْتِيهَا الَّذِينَ ءَامَنُوا إِنَّ كَثِيرًا مِّنَ الْأَحْبَارِ وَالرُّهْبَانِ لِيَآكُلُونَ أَمْوَالَ النَّاسِ بِالْبَاطِلِ وَيَصُدُّونَ  
عَن سَبِيلِ اللَّهِ وَالَّذِينَ يَكْتُمُونَ الذَّهَبَ وَالْفِضَّةَ وَلَا يُنْفِقُونَهَا فِي سَبِيلِ اللَّهِ فَبَشِّرْهُم بِعَذَابٍ أَلِيمٍ



O You who believe! Verily, there are many of the rabbis and the monks who devour the wealth of mankind In falsehood, and hinder (them) from the Way of Allâh (i.e. Allaah's Religion of Islamic Monotheism) and those who hoard up gold and silver and spend it not In the Way of Allâh, -announce unto them a painful torment.

**Tamima:** Tamima means black and white beads that used to be worn around neck to ward of evil effects. Imam Ibne Hajar Asqalani (rahimahullah) says, "During the period of ignorance, people who used to wear a band of conches believed that it would prevent them from calamities. Hazrat Ayesha Siddiqua (radi Allaahu anha) says, "Tamima (taweez) is not one that is used after a calamity, but before."

This makes it clear that during the days of ignorance people used to believe that such things would prevent calamities.

Black and white beads, conch and a belt used to be hanged before any calamities. Hadith declares this Tamima as shirk.

This makes it clear that those things which are used after calamities/diseases for a cure are not Tamima. Leave aside Shariah, anybody in his senses would agree that if one is afflicted with any

disease, one should be treated. Yes, one would disagree on the treatment, which can be correct or incorrect in the light of Qur'an and Hadith.

**Definition of Raqua/Ruqiya:** the word Raqua means chanting of mantras. During the days of ignorance, people used to indulge in chanting of mantras. Hazrat Auof Bin Malik-ul-Shajai (RA) says, "We used to chant mantras during the days of ignorance. One day, when we asked about his view about this, Prophet Muhammad (sal Allaahu alaihi wa sallam) said it's okay if it doesn't amount to shirk.

**Definition of Nashra:** The literal meaning of Nashra is 'to destroy,' while in Islamic parlance it is referred to the treatment of a person affected by black magic. And such treatment can be possible by one who actually knows black magic. In other words, healing black magic by black magic is called Nashra.

Jibreel (alayhi salaam) called on Prophet Muhammad (sal Allaahu alaihi wa sallam) and asked, "Do you have any problem?" When Prophet Muhammad (sal Allaahu alaihi wa sallam) replied in affirmative, Jibreel (alayhi salaam) recited.....

???

May be, this incident was related to those days when Prophet Muhammad (sal Allaahu alaihi wa sallam) was feeling the effects of black magic, but Allah healed Prophet Muhammad (sal Allaahu alaihi wa sallam) of the magic effects and condemned those Jewish magicians to their doomed fate.

Despite magic, Prophet Muhammad (sal Allaahu alaihi wa sallam) did not suffer from its extreme effects for a single day. Allah was enough for him who cured him of the magic effects.

### **Islamic decree on magicians**

There are stern decrees on magicians in Islam.

- 1) Teaching and learning of magic is 'haram' Therefore, magic should have been destroyed by now.
- 2) Shariat provides for killing of magicians. In view of such punitive decrees, there should have been no magicians. These two decrees aim at killing magic and magicians.

Generally, people substantiate the existence of magic citing references of Qur'an and Hadith. But what they forget conveniently is that there is no evidence of the direct relation between symptoms of affected person and those things mentioned about magic and jinns.

### **Effects of jinns or psychiatric disorders**

It is not fair to say that the effects of magic are due to the references of magic and jinns in the Qur'an and Hadith. The Qur'an does tell us about satan touching human being, but it doesn't mentioned anything about its effects. Nor is there any method to know if satan has rendered someone unconscious

by his touch. All those effects, generally attributed to satan, are also found in patients of psychiatric diseases.

Hence, it is very difficult to say that the effects mentioned earlier are because of touching by satan. The literal meaning of 'sahar' is an incomprehensible thing. There are many things around us which are beyond our comprehension. They were, are and will be. But, if we call them as effects of genies is very wrong.

Some 100 years ago, diseases like small pox and tuberculosis were considered to be effects of jinn (genie) or satan. But, today nobody thinks so. Likewise, many psychological and mental diseases that people don't understand are still called as effects of jinns (genies) and ghosts. But this is not true.

The Qur'an tells us that Allah always shows evidence of his existence (Surat Ham-ul-Masid -53)???

Nowadays, it has become very easy to know certain things with the help of advanced machines like MRI, SPECT and Positron Emission Tomography (PET), which were very difficult some 20-25 years ago.

With the diagnosis of diseases becoming easier, more and more hidden things about human being are coming to the fore and this will go on. It is, therefore, absolutely wrong to attribute these effects to genies without any proper diagnosis.

Disease, instead of healing, gets severe with taweez. And if a taweez contains Qur'anic verses, there is a possibility of their desecration and disrespect. Moreover, if a patient doesn't get well even on wearing taweez, s/he gets disillusioned with the religion. Therefore, use of taweez is not appropriate, in any case. And those patients, who are treated with taweez, instead should be told to recite related Qur'anic verses. Not only will this benefit the patient, but it will become a source of spreading Islamic teachings. In this developed world, there should be no excuse for remaining deprived of Qur'anic teachings. For, nowadays there are more opportunities and sources for education than in the past.

### **Spiritual healers' claims to possess spirit (or jinn) are anti-Shariat and illogical**

Here, I would like to present an article by renowned Islamic scholar on the claims of possessing spirits. A spirit means a creature with magic power. Spiritual healers claim to have control over such spirit, however they differ on what type of spirits they enjoy control on --whether they are angels, genie or other creatures. The ways of gaining control over spirits are also said to be fraught with danger and very frightening and according to spiritual healers everybody cannot gain their control. Only spiritual healers can do so and that too with great difficulties. Spiritual healers say when they try to gain control over any spirit, it appears in so frightening figure that they give up their plan. If a spiritual healer gets frightened, he has to suffer a great deal -- either he becomes mad or loses his life. If he doesn't fear and completes his process, the spirit appears and promises him to obey his orders.

Some spiritual healers (aamil) have even named the spirits after Kalkayal, Dardayeel, Dooryayeel, Fatmayee etc. Spiritual healers (aamil) also make it public that they have spirits at their command who know everything. Some spiritual healers (aamil) even went to the extent of claiming that they possess 10-20 spirits.

Generally, spirits are called as Muwakil (defendant) by spiritual healers. In legal parlance, defendant is a person who is accused to committing a crime and takes the help of a lawyer (wakil) to represent him in a court of law. Thus, when a wakil works on behalf of Muwakil how come a spirit who supposed to

act on the orders of spiritual healers is called as Muwakil? The spirit should have been called wakil. Moreover, if a spirit (Muwakil as called by spiritual healers) is an angel then it is created by light (noor). And there is no need for an angel to appear in frightening face before a spiritual healer trying to gain control over it.

Spiritual healers (aamil) also tells us that there are two types of spirits -- Muwakil Alwi and Muwakil Safli -- and the former is used for good works and the latter for bad works. If the spirits are angels how can they be used for bad works? As per Islamic belief, angels never disobey Allah. And those spiritual healers who procure Safli knowledge, they become infidels. And by asking Safli Muwakil to do un-Islamic and illegal works, they also make them infidels. Such things are very antithesis to our belief. To call angels as frightening and use them for bad works seems to be a great sin. Thus, there is a need for us to stay away from such things.

If spirit is a genie (jinn) or any other creature, why it appears frightening and threatens spiritual healer while they try to gain control? This proves that the spirits don't like to come under their control. But the spiritual healers try to gain control against their will. To gain their control forcibly and make them slave is not a right by any principle -- Islamic or un-Islamic.

The claims of spiritual healers having spirits at their command hold no water. Their claims are mere an invention of their own. Still, there are many shortcomings in the concept of the so-called spiritual healers that are not mentioned here due to paucity of time and space.

### **Some true stories**

Now, I would like to present some true and inspiring stories of the patients suffering from different psychological disorders, who were healed at my hospital after they had receiving only disappointment from the so-called witch doctors and spiritual healers.

Treatment of a doctor who believed to be suffering from witchcraft

One woman doctor was referred to me for treatment. Her brother told me: "Doctor, my sister suspects everybody and scarcely goes out of home. She often gets irritated and angry over trivial matters, apart from being skeptical about everybody. After great persuasion, she agreed to see you. She says when she is not mad, why she is being taken to a hospital. Somebody must have worked black magic on me."

When I wanted to know what the problem was, she said, "Doctor, I was brought here forcibly. Absolutely, I am not a mad person.

"There must be some reason why you have been brought here," I said.

"Doctor, if you hear my story, you will come to know who had worked black magic on me," she shot back and went on to add. At the age of 15 years, I was diagnosed for blood pressure and doctor gave me medicine. I was to appear in SSC exam, but by a mistake my teacher wrote my full name without leaving any space between my name and my father's while filling the exam form. This was all because of my teacher's mistake. This incident has been troubling me a lot. I have leucoderma disease, she continues, and got treatment umpteen times, but the disease kept on confounding with each passing day and now my whole body has come under its impact. I have become completely disillusioned and tried treatment of spiritual healers. One day, a woman patient come to my clinic and advised me to see one spiritual healer. When I was still planning to see one, a spiritual healer came to my clinic himself



and, after placing a scorpion on my hand for sometime, said my disease was completely cured. But, it was not to be so and, much to my chagrin, he charged me Rs 10,000 for the treatment. Then I gave up my medical practice also as very few patients used to come for treatment and pay my consulting fee. I, therefore, convinced myself that somebody had really worked magic on me and that was why my patients were not paying my consulting fee and my clinic was running into losses.

Some people insisted me to restart my medical practice and I sent my marriage proposed to a pharmacist hailing from a village. I insisted on getting married as early as possible, but the relatives of my would-be husband kept on delaying it. When I insisted further, they warned me that the hands of law are very big. After hearing such a sentence, I got worried and frightened. After some days, I did get married. At one night, I heard a huge scream, but no other family members heard it.

One fine morning, one of my close relatives was tying my hairs into plaits when my husband saw it and advised me to be cautious about the woman, who he said works black magic. He further revealed that the woman wanted me to get married with her daughter. And now, in revenge, she will work black magic on you to get our marriage split. After hearing this, my suspicion got further boost. Then again, I was taken to one more spiritual healer. He diagnosed that I was suffering from effects of an evil soul and by a pre-planned strategy someone is doing harm to us. He advised me to come on three Thursdays. In the meantime, my father passed away and my suspicion grew even further that someone is causing harm to me. My restlessness started growing and now I cannot sleep and fell very uneasy. My in-laws have become suspicious about me. My brother has brought me here. Now, you tell me whether it is not black magic,” she questioned.

After giving a patient hearing, I asked the woman doctor, “What more troubles you?” She said, “Whatever I say my friends come to know about it.”

I tried to convince her that she was suffering not from black magic but from a disease called paranoid schizophrenia. Not only did I brief the woman and her parents on the symptoms of this mental disease, but also asked them to go through an exclusive chapter on the disease in my book titled ‘Mental Health’. After reading about the disease in detail, her parents got convinced that their daughter was actually affected by this disease, but the patient didn’t agree at all and was unwilling to undergo treatment.

If we look at her symptoms, we come to know that she is suffering from paranoid schizophrenia. One becomes suspicious and one’s thoughts get corrupted, as in the case of this woman, who looks her in-laws and others relatives with suspicion and becomes worried and restless due to a minor mistake committed by her teacher while filling her exam form.

The woman doctor was forcibly hospitalized and healed within a week. Since then she has been leading a normal life with all suspicions and worries doing a vanishing act. Her condition was pitiful all because of the disease, which was cured by proper treatment and by the grace of Allah.

### **Islamic scholar who used to spout the word talaq (divorce)**

A 38-year-old patient, who was an Islamic scholar, approached me for treatment. He said, “I feel bored and impatient, suspicions and many uncomfortable thoughts come crowding into my mind continuously, have frightening and unpleasant dreams and when I speak, they word talaq (divorce) spills out repeatedly and uncontrollably.

These thoughts and emotions have made my life very miserable and many problems cropped up. The things came to such a pass that I had to approach muftis (experts in Islamic law) who issued a fatwa (Islamic decree) that has had a worst effect. My wife has fallen ill. She cries all the time and prays for my well being. Children and all other family members have become worried at the unpleasant turn of events.

When I write progress reports of my students, I feel I'm writing the talaq papers and immediately throw them away. When I deliver religious discourses, I have to pay more attention to my tongue than to my mind and therefore often end up giving wrong discourses. Whenever I try to stop my emotions, I feel more restless and become so sad that I break down. Sometime, he continues, I feel I'm lifting a pen from a table. As such, I have to take the pen unwillingly. One fine morning, I was resting on a cot when suddenly I felt somebody was pressing me, although there was nobody. And what is most disturbing is that spilling of the word talaq from my mouth. The more I try to suppress it, the less successful I become and my mouth doesn't stop from calling talaq repeatedly.

I approached five muftis, one of them declared my marriage null and void I had uttered talaq umpteen times. For my satisfaction, some of my friends got my nikah solemnized once again. I told my tale of woes to ulema (Islamic scholars) who advised me to see spiritual healer saying that somebody must have worked black magic on me.

First, I approached a doctor, got some medicines and felt slightly better. However, when the thought of black magic struck me I gave up the medicines and started recitation of Al-Baqarah and other verses of the Qur'an. Sometime, I experience frightening and unpleasant dreams. Once I saw in a dream that I was referred to a spiritual healer and I was tearing off my clothes and jumping in front of him... then suddenly I got up from the bed.

Meanwhile, I came across a spiritual healer (aamil), who said magic-affected persons see temples, snakes, sadhus etc in dreams. In my case, he said someone has split my marriage. At this, my mind turned to my brother, who was to get married with his wife first, but due to some reason his proposal was turned down. And this is why he is taking revenge now. This thought keeps creeping in my mind. And despite attempts, I fail to ward it off.

I'm not able to do any work properly. All members of my family are worried about my condition. Often I become so angry that I lose control over my tongue and indulge in abuses and illogical remarks. After hearing the Islamic scholar, I diagnosed him with obsessive compulsive disorder (OCD). First, I briefed him on the effects of this psychological disorder and then advised him to go through my book on mental health, especially its chapter on OCD. He readily agreed to do so and got convinced himself that he was OCD patient and started getting medication.

Patients of OCD are healed using psychotherapy, behavioral and some medications, which give very satisfactory results. Under psychotherapy, patients are given training in how to get rid of their ill-thoughts, whereas bio-therapy deals with training in how to control the emotions created by their thoughts and medications help in normalizing the mentally affected metabolism. This three-pronged method was used for the treatment of the Aalim Sahib, who got healed and has been leading a normal life. After Aalim sahib's treatment, I requested him to pen down his experience. What follows is Aalim Sahib's story in his own words:

Islamic scholar's story in his own words

It is so happened that some eight months ago, I was reading ‘Your problems and their solution.’ It clearly mentioned that if one says to one’s wife ‘Go to your home,’ talaq is established. I was in for rude shock after reading this. For, I had uttered these words to my wife many a time, in a fit of rage. I started feeling guilty of committing crime having relations with my wife even after a talaq. This impacted my psyche so badly that even after getting clarification that talaq was not established in my case, I did not come out of the shock. This shows how incomplete knowledge can be harmful. Although the writer had written nothing wrong, he failed to mention that if the intent was not to divorce, uttering such words doesn’t amount to a talaq.

I have read in Mareful Qur’an that one has to have knowledge about one’s field. And at the least, one should have knowledge of what is legal and illegal. In this respect, I would like to cite an incident that dates back to the period of Prophet Muhammad (sal Allaahu alaihi wa sallam). One day, Prophet Muhammad (sal Allaahu alaihi wa sallam) asked his companions, “What are you doing?” “We are thinking about the things created by Allaah,” the companions told. “This is okay, but don’t think about Allaah’s origin,” Prophet Muhammad (sal Allaahu alaihi wa sallam) warned the companions.

After reading about talaq, I became so disturbed that while reciting Qur’an I used to avoid verses on talaq, fearing that talaq would occur. According to the Shariah, if one utters the word talaq thrice, divorce is established. But, I must have crossed this limit umpteen times. Now, tell me if this was the condition of an Aalim, just imagine the predicament of a common man. With the frequency of uttering the word talaq, I would think I need the services of a qazi (who solemnize marriage) round the clock. After seeing Dr Quadri, I got a major relief. His way of advising and winning the confidence of a patient is excellent and very effective. His knowledge about Qur’an and Hadith and his mission is commendable. Dr Quadri’s attempt to convince religious people like us with his scientific and Qur’anic knowledge is simply great and deserves commendations.

It is, therefore, necessary for the people to think twice before convincing themselves that such diseases are nothing but black magic.

The case of this Aalim proves that he was suffering from psychological disease. And his disease got further acute all because of the so-called spiritual healers. When I came across such cases, I remember the Qur’anic verse of Al-Naas,

مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

Here, the mentioned of the world ‘vannas’ can be attributed to such people who have a great role in spreading misunderstandings and doubts among common people

As per the routine of Prophet Muhammad (sal Allaahu alaihi wa sallam), we have to recite Muwazatayn (last eleven verses of the Holy Qur’an) every morning and night, so that we remain secure from the so-called spiritual healers, apart from (jinn) genies. Moreover, we should not approach such spiritual healers and ensure that they don’t get any chance to fuel suspicions and misunderstandings.

### **When spiritual healer fails to heal a patient**

A 20-year-old woman, who was a matriculate, was brought to me for treatment. Her relatives told me, “One fine morning, she got up from bed and started reciting kalima shahadat (There is no object

worthy of worship other than Allaah and Prophet Muhammad (sal Allaahu alaihi wa sallam) is His Messenger) repeatedly. When her parents tried to lay her down, she resisted. They caught hold of her and quickly sent for a spiritual healer (aamil), who gave some taweez for burning in front of the patient and some taweez to dissolve in water and drink it. Then the spiritual healer asked for a pot full of water and after splashing water on her face, we asked her to tell her name. When the woman didn't utter any word, he said. She had effects of black magic and asked her parents to leave her alone with him in the room. But as soon as she was left alone with the spiritual healer, she tried to run away by scaling the room wall. Then the spiritual healer asked them to bring her to his house. But she was out of control. Her parents did not take her to his house. Meanwhile, one spiritual healer (aamil) gave a holy thread to tie around her neck.

One day, she was taken to a hakeem (traditional doctor), who read something and after this, the patient went out of control. She was taken to the first spiritual healer (aamil), who read something and she got some relief. Again after three days, she started chattering suddenly. She could sleep for only two hours and started doing strange things like hissing and reciting Qur'anic verses, saying that angel has blown a bugle (soor), the world has come to an end and I have entered into the other world.

When she was taken to a doctor, after clinical check-up, he referred her to me. She was diagnosed with acute psychosis, which begins all of a sudden and also gets cured within a week. Sometime this disease is cured without any treatment, but there is a danger of the patient doing harm to himself / herself and others, too. Therefore, it is always better to go for treatment. After brief medication, the woman got well.

### **A case of a youth who suspects her beloved has worked magic on him**

A 34-year-old unmarried youth was referred to me for treatment. He said, "I feel restlessness, my chest splitting; see faces of ghosts, burning pain in body, food taste stinks." His relatives told me he offers prayers through out the day, observes fasting, never sleeps, feel restless and sad."

I asked them how long had he been suffering like that. They said, "He used to work in his farm, along with some women and young girls. He fell in love with one of the girls. The girl was non-Muslim. The love affair continued for around one and a half years, when the villagers came to know about it, he stopped meeting the girl. Despite this, he thought the girl had worked magic on him. For, he used to feel restlessness and lost his sleep. Considering them to be effects of magic, the youth approached one spiritual healer and narrated his story before him. The spiritual healer (aamil) then asked him to follow his treatment. He asked the youth to fetch some lemons, bananas, needle, eggs, a piece of black cloth and black thread. The spiritual healer then wrote the name and address of the youth and took him on to the last floor of his home. He wrote something in Urdu on both palms of the youth with saffron color ink. The youth didn't know Urdu. The spiritual healer then placed five steel glasses upside down on a plain paper and switched off the light. Some pieces of plain paper were also burnt. The spiritual healer then ordered his Muwakil to appear with a boat and take them to the village of the youth, make arrangements for their stay and provide security for them. But the youth later said neither the Muwakil had appeared nor they were taken to his village.

Then the spiritual healer drew a sketch and asked the youth to hang it in his house. The youth did as told, but after some days, when he did get any relief, he took out the sketch and drawn it in the river. He also returned his taweez. Later, the youth admitted that it would have better, had he drowned the taweez, as well.

Again the spiritual healer gave him some blessed things, assuring that he would be cured soon. He also made the youth cough up Rs 7,000 and after some days throw away those blessed things at a certain place. The youth did as told. Later, the spiritual healer gave him some more taweez and sketches to keep them in his house, saying that these things will provide him safety and prevent him from any losses. Even then the youth didn't get any relief. The spiritual healer then told him to undergo a 40-day religious course of Tableegh-e-Jamat. He did so, but got no relief. Many rashes had appeared on his hands and legs, but he didn't get any medication and immediately after returning from the 40-day religious course, the youth went to a durgah. The caretaker of the durgah had known him. They arranged for his stay at the durgah. The youth then had a bath and sat in front of a picture of the jannat ka darwaza (an imaginary picture of the door of the Heavens), as told by the caretakers.

The youth got some relief during his eight-day stay at the durgah, where he used to wash his face, hands and legs with the pond water. As a result, his rashes got healed to some extent. After experiencing this improvement, the youth's belief got a further boost.

The youth, while leaving the durgah, collected two bottles of the pond water and took it to his village. There, he started using this water for his bath and also sprinkled some water in his farm. That year, he claimed, it rained satisfactorily as a result he had reaped a good harvest. Despite all these efforts, he didn't get relief from his restlessness. He then returned all those taweez to the spiritual healer. As the youth had to pay Rs 2000 to the spiritual healer, he grew suspicious and felt that the spiritual healer must be doing harm to him. This further made the youth more restless.

After hearing his story, I told the youth that he was suffering from psychological disease called maniac depressive psychosis and not from black magic. When the youth snapped his relationship with the girl and stopped meeting her, he got inflicted with depression. This was why he used to feel sad, restlessness and had lost his sleep. He also started suspecting that the girl might have worked magic on him. He also became doubtful that spiritual healer would do harm to him as he didn't pay his outstanding fee of Rs 2000. And whatever amount of relief and peace, the youth got at the durgah it was all because of dhikr (recitation of Allah's name).

For, Allah himself said (Ar Rad : 28)

الَّذِينَ ءَامَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ ﴿٢٨﴾

Those who believe (in the Oneness of Allâh - Islamic Monotheism), and whose hearts find rest In the remembrance of Allâh, Verily, In the remembrance of Allâh do hearts find rest .

When the youth was brought to my hospital, not only was he suffering from depression, but the disease had got more acute. However, by the grace of Allah and proper medication, which included shock treatment (ECT) and counseling, the youth got well soon and has been leading a happy life since then.

### **Spiritual healer demands Rs 30,000**

A person accompanied by his 45-year-old wife called on me and complained that she always suspects him. "Whenever I go on a business tour, my wife comes with me. When I talk to customers, she doubts my intentions and always threatens and abuses me suspecting my fidelity," he said, adding that his customers are women as he sells bangles.

My wife suspects that I have married another woman, but this is not true and all my efforts in convincing her of my fidelity are in vain. As a result, I have not been able to do my business and attend functions for the past one and a half years, have got isolated from friends and relatives. There is no peace at home as she quarrels with me over the issue. She says I have illicit relations with some women and claims to have seen me in their homes, hotels and other places.

After listening him, I told him that his wife was suffering from a psychological disorder called paranoid delusion. Then I asked him where and what medications they had taken before consulting me. He said, “We had approached one spiritual healer who was very famous treating such patients. He took two-three months and even stayed at our home for the treatment. He also charged us Rs 10,000 as his fee, claiming that barring him, there is nobody in the entire Maharashtra who can treat my wife. But despite his treatment, my wife didn’t get any relief and on the contrary her condition became worse. We discontinued the treatment after some days and surprisingly my wife felt better for at least four years. But again she started behaving abnormally and this time her disease got so acute that she started hurling abuses and stones, too. She was then admitted to a local hospital where her condition improved to some extent. But when she discontinued taking medicines, her disease reoccurred and this time another spiritual healer was consulted. His treatment method was quite different. He asked me to write down the name, age and address of my wife on a piece of paper. After reading the details, he gave me some taweez for wearing as well as burning. But when there was no improvement in her condition, she was taken to another spiritual healer. He asked my wife to join her hands. Then he said one of her hands had become shorter and her womb affected. Then he read something and asked my wife to join her hands once again. Now he said her hands were equal. He gave some medicines, saying that her libido and mental heat would decrease and she would feel better soon. But this didn’t happen.

One more spiritual healer was tried. He was blind. After listening about the condition of my wife, he advised her to undergo complete treatment. He demanded Rs 30,000 for bringing the medicines from Arab countries, including Kohe Tur. “Nobody can go there. I, therefore, take the help of my Muwakil (spirit) to procure the medicines,” he claimed. When I said I had only Rs 11000, the spiritual healer somehow agreed to treat my wife. He took some pieces of paper, blessed them, tied them into a bundle and asked us to throw it between Jalgaon and Chalisgaon without opening it, or else my wife would become blind. We did as we were told, but no sooner did we reach home than the spiritual healer telephoned saying that we had thrown the bundle at a wrong place and as such it had come back to him. After trying all these persons, now we have come here.”

If we study the case carefully, it becomes clear that the disease of this woman was recurring. First time, she got relief even after discontinuing the treatment. Again after some days, the disease struck her and kept on becoming serious. Worried husband tried several spiritual healers, who prescribed different treatments, but to no avail. Her symptoms show that she is suffering from a disease known as paranoid schizophrenia. This can be treated with proper medications. But its treatment requires more time, say three-four years. If the treatment is not followed regularly for a stipulated period, the disease reoccurs and one has to suffer unnecessarily. The woman regularly followed my treatment and got cured completely.

### **When spiritual healers give rise to suspicion**

A 50-year-old man brought his wife, aged 48, to me for treatment. He said, “Doctor, my wife always suspects me, abuses me, doesn’t get a sound sleep and often gets irritated.”

I asked him how long she had been suffering like this. He said, “For a good 15 years. She suddenly started leveling charges against me saying that I had illicit relations with some women. She even claimed to have seen me in a compromising position with my own sister in her dreams and started beating me up, throwing items and ransacking the home. She even threatened me of getting married with another person. And one day she crossed the limit -- took her ornaments and clothes in a suitcase and left the home. She sat for hours at the bus station. Co-incidentally, a policeman who happened to be my friend spotted her. When he asked why she was sitting there alone, she didn't respond to him. Smelling something fishy, he informed me. Immediately, I rushed to the bus station and brought her home after a great deal of persuasion.

Earlier, she used to pray five times and recite Qur'an regularly. Not only did she give up praying, but also set a copy of the Qur'an on fire one day, burnt down all of my clothes and tried to immolate. After some days, she started doing peculiar things. She would stand on a single leg for hours together and when asked why she was doing this, she told that there was a hidden wealth in the house and she was trying to shift it to her father's. After some days, she started feeling that her father was being tortured by relatives after the hidden wealth was shifted to his house!

After this, she also started suspecting my brother and his wife. This further led to quarrels among relatives, neighbors and friends. And, needless to say, my business also got affected adversely. Then I approached an imam (mosque head) and narrated the whole story. The imam came to our house and after seeing my wife he said she was possessed by an evil spirit. And to ward off the evil spirit, he asked me to bring four eggs, blessed them and asked to hang them from the roof of the house. He also gave a taweez to my wife to wear around the neck. But no improvement was observed in her condition. On the advice of relatives and friends, I tried many spiritual healers, but in vain.

My sister-in-law took my wife to her place to show her to a neo-Muslim spiritual healer. He said she had been possessed by a big genie (jinn) and troubling all of us. Then as per his practice, he obtained my wife's signature on a bond paper stating that she has no share in the properties of her brothers and dispatched copies of this bond paper to her brothers. He then gave some blessed water saying that the patient should drink it thrice in a day. He also gave some bananas to be tied to a berry tree saying that this would give complete relief. I did as told by him, but the condition of wife kept on deteriorating. Later, she was taken to one more spiritual healer, who said she had been a victim of black magic. He asked to bring four bronze bowls, wrote something on them and asked her to have a bath on four Saturdays after dipping one bowl into the bath water. She took baths on two Saturdays, but when her condition kept on worsening she stopped taking baths.

After trying all these spiritual healers, my wife became disillusioned that she started getting irritated at the very mention of spiritual healers and babas. One aamil said she was given 'something' mixed in her food and advised her to eat sea bird (Abimurg). She did follow his advice, but there was no relief.

Later, we came to know that there are five benches, three made of black stone and two white stone on the campus of a mosque. If one sits on these benches, the effects of magic get absorbed by them and one gets completely cured. We took her there too, but she didn't feel any improvement in her condition.

When we gave up hope of a cure, one of our lose relatives advised us to try your treatment, but my wife flatly refused to obey the advice, saying that she was not a mad. Somehow, I managed to bring her here.”

If we study her case carefully, we come to a conclusion that she has been suffering from paranoid schizophrenia. All of her symptoms are found in the patient of this psychological disorder.

Following my advice, the woman was admitted to my hospital and within a week, a considerable improvement was observed in her condition. All of her suspicions got vanished. She stopped feeling restless and started having sound sleep. Soon she was given discharge from the hospital. During one of the follow-ups, when I reminded her of her former condition, she simply smiled and admitted that they had to suffer a lot only because of the ignorance. After undergoing the full course of treatment, she got completely cured and has been leading a happy life since then.

### **When spiritual healer makes fool of a patient**

A 25-year-old youth was brought to my hospital for treatment. He said, “Doctor, I feel frightened, don’t step out of the house, get irritated and angry, feel as if my head is going around, don’t feel fresh in the morning, cannot perform routine works properly, sleep for 18 hours, get doubts and suspicions, feel breaking down, experience nightmares, become nervous, see snakes in dreams, feel suffocation and blab while asleep.”

When asked how long he had been suffering like that, he said, “I was in standard 12th (science stream) when I had gastroenteritis, got treatment from one of the doctors at my village. Again after some days, I felt as if my head was going around. I went to the same doctor, who advised me to see a psychiatrist. My father, who is a very loving and affectionate person, took me to a doctor in the nearest city from our village. But I gave up his treatment when I didn’t get any relief. In the meantime, my problem got worse and one day when it became worst I was brought to your Mental Health Centre. After reading the signboard of your hospital, I got frightened and started fleeing from the hospital. Coincidentally, I ran into the pharmacist at the hospital campus, who stopped me and convinced me that everything would be alright and dispelled all my misunderstandings about the hospital. Then I agreed to see the doctor and got admitted to the hospital for a month. During my stay at the hospital, I regularly took medication and used to feel as if I was at a picnic. For, all those who used to attend me were very nice people and the overall atmosphere at the hospital was very good. After getting well, I was discharged from the hospital, with a condition that I should take rest of the medication regularly. Not long after my discharge from the hospital, one person advised me to see a spiritual healer, too. I called on the spiritual healer, who advised me to stop my medication first and gave a taweez asking me to see him again after a fortnight. When I called on him after the stipulated period and told that I was not feeling well, he again gave me seven taweez to be burnt one each day after covering them with cotton and dousing in oil. I did as I was told, but didn’t have any relief. After that, the spiritual healer asked to burn a taweez in a day for 90 days and watch the burning taweez for at least 20 minutes. If we calculate the number of hours I watched those burning taweez, it comes to a good 30 hours. After completing this course, my eyes got affected and I had to consult an ophthalmologist. When I asked the spiritual healer what was the matter, he said I was possessed by a satan (devil). I was shocked to hear that and became more frightened and nervous after that. I not only lost Rs 3,000 as the fee of the spiritual healer, but also lost the valuable time. Despite all this, I didn’t get any relief.”

The youth further said he and approached one renowned spiritual healer. He asked him to do certain things. He felt some relief, but again grew more restless. Fed up with his condition, the youth asked the spiritual healer as to why his condition had become so.



The so-called spiritual healer told him that somebody had worked magic on him. The youth said he had followed his treatment also, but to no avail. According to the youth, the spiritual healer used to make tall claims. When the youth complained of delay in treatment, he promised to come to his house to see himself the devil troubling him. The spiritual healer had a strong sway over the youth, who used to remain silent in the house most of the time and wait for him. Whereas his parents were worried at his deteriorating condition and whenever they talked to the spiritual healer over the telephone, he used to scold them. Meanwhile, the youth's condition became so weak that he was not even able to walk properly. One day when the youth telephoned the spiritual healer claimed that the youth had been surrounded by genies (jinn) and promised to do something from his side to get rid of them. But he did nothing. Nor did he turn up at the house of the youth. Not only the relatives of the youth, but all the villagers had become worried at his worsening health and started praying for his well being. The youth remained in this condition in the hope that his spiritual healer would one day come to his house and get him freed from the genies. But the spiritual healer never turned up.

The youth further said his parents warned him of handing over him and his spiritual healer to police. They gave me two options -- either go to police or Dr Quadri. I agreed to see Dr Quadri. After reaching the hospital, we requested the receptionist to allow us to see you at the earliest as I was in a serious condition. The youth said though he was given medicines for a week, he got 90 per cent relief on the first day itself.

Earlier, the condition of the youth was so weak that he could not walk a few steps, but during his follow-up treatment he used to come to my hospital by walking a distance of 120 km.

The youth said, "There are many such spiritual healers, who misguide gullible people. However, thanks to Allah, there are also people like Dr Quadri who show the right path. I got well all because of the Allah's grace and scientific treatment by Dr Quadri. Now, I would like to get the message across to all the people that one should consult a doctor for treatment of any type of diseases and regularly offer namaz and seek Allah's blessings."

After getting treatment, the youth completed his graduation in arts and did ITI, computer and marketing executive courses.

If we study the case of this youth, we come to know that he was taking medication from a local doctor, but on the advice of a spiritual healer, he gave up the medication. As a result, his disease got worse and he started trying one spiritual healer after another, but failed to get any relief. In fact, he was suffering from a psychological disorder called depression, which could have been controlled with the help of medications. But, he and his near and dear ones had to suffer a lot owing to the wrong advice and treatment of the so-called spiritual healers.

## **Death within half an hour!**

A patient used to hear a voice telling him that he would die within half an hour. The 27-year-old married youth from Bangalore was a successful businessman and was leading a happy life. But after some days, his life turned into a nightmare and he was referred to me for treatment. He narrated his tale of woes, "I have lost sleep, thoughts keep occurring doubts and suspicions arise, hear different voices, get bored and often rise in fright."

Two years ago, my wife went back to her parents following differences, he said. Now her mother lives with him when I asked whether he didn't consult any doctor, he said, "A friend of mine advised me to approach a spiritual healer. After seeing me, the spiritual healer recited something and then said somebody had worked witchcraft on me so as to create a rift between me and my wife. And for beginning his treatment, he demanded Rs 5,000. After some days, he again demanded Rs 15,000. I paid this amount also, but didn't get any relief from his treatment. The Aurangabad-based spiritual healer often comes to Bangalore by a car for my treatment. I had to bear all his expenses on lodging, boarding and transport. He would give me some taweez each time to douse one in water and drink the water. The greedy spiritual healer also used to demand things like clothes, blankets, gold ring etc for his personal use. One day he rang me up and demanded RS 20,000 for construction of his house. I used to fulfill his each and every demand, fearing that he would do harm to me.

One fine morning, my mother in the presence of the spiritual healer questioned me as to why we should spend so much money on the treatment without getting any relief. This enraged the spiritual healer, who later confided in me that my mother had also worked black magic on me.

After some days, the spiritual healer telephoned me informing me that one of his friends had passed away and asked me to send Rs 5,000 to help the bereaved family. All said and done, I paid him lakhs of rupees, but in vain.

In the meantime, my condition became worse. My restlessness grew so high that I was unable to stay still. The spiritual healer was a drunkard and used to force me to drink, too. He used to spend nights in hotels and dhabas. He also used to ask me bring meals from home saying that my mother cooks very well.

My first wife was Alema (Islamic scholar), but following differences she got divorce and later my second wife, too, got started living with her parents. For, she blamed, I was had picked up drinking and used to quarrel. The things didn't stop then and there and her parents lodged a complaint against me under Section 498.

One day I got a shock of my life when the spiritual healer suggested that I should fetch my wife and allow her to spend one night with him. Then, he asked me to come down to Aurangabad to pay condolences to the bereaved family of his departed friend. He warned me off undertaking journey by a bus or else I would meet with a fatal accident. Reminding his warning, he further said that if I failed to obey him, I would lose my life, would suffer from bloody dysentery. After this my condition had deteriorated further and remained restless throughout the night. When asked what to do, the spiritual healer told me to drink water after dousing a taweez in it, otherwise I would die. I drank water as told by him, but didn't get any relief. In the meantime, I was taken to a Maulana (Islamic scholar), who suggested consulting a doctor.

Strange voices like ‘I won’t allow you to travel in a bus, you would die within half an hour’ started troubling me. My condition got worst and I started trembling with fear. Later, I realized that those voices were of the spiritual healer.

His condition clearly shows that he is suffering from a psychological ailment called as panic attack. Anxiety, restlessness, fear and sweating lead to thoughts of death. And when the spiritual healer said he was suffering from black magic, his condition became worst.

Under such condition, if the patient recites Muwazatayn (Surah Al-Falaq and Surah An-Nas) and does dhikr (remembrance Allah) and gets convinced that life and death is in Allah’s hands, he gets relief. The spiritual healer’s sway over the patient and his loneliness further aggravated his condition. He was given proper medication and spiritual counseling. By the grace of Allah, he overcame the fears and got complete relief.

### **Psychological health in the light of the Holy Qur’an and Hadith**

The Holy Qur’an is called as the book of relief (Shifa). This is because relief is freedom from all problems and the real relief for all human beings lies in their success after death. Surah Fatihah is also known as Surah Shifa (chapter of relief). For, its recitation gives relief.

The Surah begins with

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿١﴾

(All praise for Allaah, the creator of the universe).

One should praise Allah in all times, prosperity or adversity. One should always be thankful to Allah. If one does so, one can control his mind and emotions to a greater extent and can get freedom from anxiety and depression.

If one ponders over the problems faced by the human beings, it becomes clear that it is all because of the growing anxiety, which creates adverse effects on the body, leading to various physical and psychological diseases.

Allah says (Surah Ar-ra’d, verse 28),

الَّذِينَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ ﴿٢٨﴾

“Those who believed (in the Oneness of Allah – Islamic Monotheism), and whose hearts find rest in the remembrance of Allah: verily, in the remembrance of Allah do hearts find rest.”

And in Surah Al-Baqarah, verse 2, Allaah says

ذَٰلِكَ الْكِتَابُ لَا رَيْبَ فِيهِ هُدًى لِّلْمُتَّقِينَ ﴿٢﴾

“This is the Book (the Qur’an), whereof there is no doubt, a guidance to those who are Al-Muttaqun [the pious and righteous persons who fear Allah much (abstain from all kinds of sins and evil deeds which He has forbidden) and love Allah much (perform all kinds of good deeds which He has ordained)].

Mind well, it is the dhikr of Allah that gives peace of mind. This implies that one should control his anxiety with dhikr and have complete faith in Allah and lead the life on the path shown by Allaah in the Qur’an. In this way, one can get rid of most of the problems and difficulties.

The Holy Qur’an says (Surah- Al-Baqarah, verse 2), “This Book is the torch bearer for good people.” In following all the orders of the Qur’an, performing namaz, fasting, Hajj, paying zakat, is the success of both the worlds.

Prophet Muhammad (sal Allaahu alaihi wa sallam) says one owes it to be dutiful to oneself, life partner and all dependents.

If we ponder over this Hadith, it becomes clear that we have duties towards all and ought to discharge them so as to become true followers of the Qur’an and Hadith.

One’s body and soul, too, have rights. Whatever abilities and skills Allaah has bestowed on one, one ought to use them for good purposes. Otherwise, physical, psychological and social problems crop up and as a result man gets afflicted with worries and various diseases. This topic is quite lengthy, therefore, I would like to mention about only one thing here and that is related to anger. If we manage to control anger, we can overcome many a diseases as anger affects the mind, heart and all parts of the body. This leads to various diseases.

In Surah Al-Imran, verse 134, Allah says,

الَّذِينَ يُنْفِقُونَ فِي السَّرَّاءِ وَالصَّرَّاءِ وَالْكَاظِمِينَ الْغَيْظَ وَالْعَافِينَ عَنِ النَّاسِ ۗ وَاللَّهُ يُحِبُّ الْمُحْسِنِينَ



“Those who spend (in Allah’s cause) in prosperity and in adversity, who repress anger, and who pardon men; verily, Allah loves Al-Muhsinun (the good-doers).”

Most people ruin their health due to unnecessary anger. Anger causes sleeplessness, rift in husband-wife relations and spoils relations with relatives and friends.

Similarly, if we follow the teachings of the Holy Qur'an, we can also overcome harmful things like envy, heart-burns, backbiting, enmity etc. We have to be modest in every activity so as to remain healthy and energetic.

???

khairul umoori awsatuha

Allah says in A'raf 31,

وَكُلُوا وَاشْرَبُوا وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ الْمُسْرِفِينَ ﴿٣١﴾

(Eat and drink, but don't spend more than necessity, for Allah doesn't like those who are spendthrift.)

In eating, spendthrift is the use of imbalance food. Imbalanced food leads to problems like obesity and piles, which further affects the mind and causes mental diseases like organic psychosis. And patients of such diseases are generally considered to be possessed by genies (jinn) and suffering from black magic.

The Holy Qur'an says honey is the source of cure. But few people use it and still there is a need for research on the benefits of honey. Thus, the teachings of the Qur'an and Hadith are related to different aspects and by following them we can get relief from various problems and diseases. Similarly, if we don't follow the teachings of the Holy Qur'an and Hadith, we will have to face the problems.

According to one Hadith, cleanliness is half of the Faith. If we ponder over this Hadith and try to maintain individual and collective cleanliness, we will overcome various physical and psychological diseases.

Similarly, it is our bounded duty to follow the teachings of the Holy Qur'an and Hadith and do justice to one and all. For example, if one married couple fails to fulfill each others needs that involve social, physical, economical requirements, problems and difference are bound to occur between the spouses. Thus, one should not neglect one's duties and responsibilities and always try to fulfill them. Moreover, one should also try to understand one's duties and responsibilities towards relatives, neighbors, friends and society as a whole and earnestly try to discharge them so that we can build a healthy and peaceful society as desired by the Qur'an and Hadith.

## The Holy Qur'an and scientific view

The Holy Qur'an says (Surah Al-Imran verse 91),

إِنَّ الَّذِينَ كَفَرُوا وَمَاتُوا وَهُمْ كُفَّارًا فَلَنْ يُقْبَلَ مِنْ أَحَدِهِمْ مِلَّةٌ مِّنَ الْأَرْضِ ذَهَبًا وَلَوْ أُفْتَدِيَ بِهِ ۗ  
أُولَٰئِكَ لَهُمْ عَذَابٌ أَلِيمٌ وَمَا لَهُمْ مِّن نَّاصِرِينَ ﴿٩١﴾

“Verily, those who disbelieved, and died while they were disbelievers, the (whole) earth full of gold will not be accepted from anyone of them even if they offered it as a ransom. For them is a painful torment and they will have no helpers.”

Also Allaah says,

أَفَلَا يَتَدَبَّرُونَ الْقُرْآنَ ۚ أَمْ عَلَىٰ قُلُوبٍ أَقْفَالُهَآ ۚ ﴿٢٤﴾

In Surah Muhammad, verse 24, “Do they not then think deeply in the Qur'an, or are their hearts locked up (from understanding it)?”

The Holy Qur'an supports scientific views and inventions. But most of us have restricted ourselves to mere recitation of the Holy Qur'an. We hardly ponder over its contents. There are many verses in the Holy Qur'an that highlight the importance of careful study and research for the good of human beings.

Allah says in Surah Rum,

وَمِنْ ءَايَاتِهِ ۚ أَنْ خَلَقَ لَكُمْ مِّنْ أَنفُسِكُمْ أَزْوَاجًا لِّتَسْكُنُوا إِلَيْهَا وَجَعَلَ بَيْنَكُمْ مَوَدَّةً وَرَحْمَةً ۗ إِنَّ فِي ذَٰلِكَ لَآيَاتٍ لِّقَوْمٍ يَتَفَكَّرُونَ ﴿٢١﴾ وَمِنْ ءَايَاتِهِ ۚ خَلَقَ السَّمَوَاتِ وَالْأَرْضِ وَأَخْتَلَفُ السِّنِّتِكُمْ وَأَلْوَانِكُمْ ۗ إِنَّ فِي ذَٰلِكَ لَآيَاتٍ لِّلْعٰلَمِينَ ﴿٢٢﴾ وَمِنْ ءَايَاتِهِ ۚ مَنَامُكُمْ بِاللَّيْلِ وَالنَّهَارِ وَابْتِغَاؤُكُمْ مِّن فَضْلِهِ ۗ إِنَّ فِي ذَٰلِكَ لَآيَاتٍ لِّقَوْمٍ يَسْمَعُونَ ﴿٢٣﴾ وَمِنْ ءَايَاتِهِ ۚ يُرِيكُمُ الْبَرْقَ خَوْفًا وَطَمَعًا وَيُنزِلُ مِنَ السَّمَآءِ مَآءً فَيُحْيِي بِهِ الْأَرْضَ بَعْدَ مَوْتِهَا ۗ إِنَّ فِي ذَٰلِكَ لَآيَاتٍ لِّقَوْمٍ يَعْقِلُونَ ﴿٢٤﴾

Verse no. 21, that say, “And among His Signs is this, that He created for your wives from among yourselves, that you may find repose in them, and He has put between your affection and mercy. Verily, in that are indeed signs for people who reflect.”

Verse no. 22 says, “And among His Signs is the creation of the heavens and the earth, and the difference of your language and colors. Verily, in that are indeed signs for men of sound knowledge.”

Verse no. 23 says, “And among His Signs is your sleep by night and by day, and your seeking of His Bounty. Verily, in that are indeed signs for people who listen.”

Verse no. 24 says, “And among His signs is that He shows you lightning, for fear and for hope, and He sends down water (rain) from the sky, and therewith revives the earth after its death. Verily, in that are indeed signs for people who understand.”

And in same surah in verse 37,

أَوَلَمْ يَرَوْا أَنَّ اللَّهَ يَبْسُطُ الرِّزْقَ لِمَن يَشَاءُ وَيَقْدِرُ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يُؤْمِنُونَ ﴿٣٧﴾

Verse no. 37 says, “Do they not see that Allah enlarges the provision for whom He will and straitens (it for whom He wills). Verily, in that are indeed signs for people who believe.”

These Qur'anic verses make it clear that there are uncountable signs in the universe that provide one with undeniable proof of His existence. Here, I would like to mention about one sign that is related to treatment.

Allah says, (Surah An-Nahl, verse 69),

ثُمَّ كُلِي مِن كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلُلًا ۗ تَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُّخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِّلنَّاسِ ۗ إِنَّ فِي ذَلِكَ لَآيَةً لِّقَوْمٍ يَتَفَكَّرُونَ ﴿٦٩﴾

“Then, eat of all fruits, and follow the ways of your Lord made easy (for your). There comes forth from their bellies, a drink of varying color wherein is healing for men. Verily, in this is indeed a sign for people who think.”

Thus, no wonder if honey is used in many a medication. Still there is a need for more research on the benefits of honey. And subjects related to genies, black magic and their adverse effects on human beings also call for a consistent research. Moreover, the research should be so simple that every common man can understand it. To call something as effects of black magic without any supporting research is thus totally wrong and smacks of our poor knowledge and ignorance.

## **Signs of healthy mind in the light of Qur'an and Hadith.**

Following are the signs of a mental healthy person. The signs have been categorized according to a person's relations with Allah, self, public and the universe.

### **A. Healthy signs in relation with Allah**

1. Belief in Allah, His messengers and angels
2. Belief in life after death, assessment on the Day of Resurrection and belief in fate.
3. Worship and obedience to Allah
4. Righteousness and obedience to Prophet Muhammad (sal Allaahu alaihi wa sallam) and
5. Abstaining from all things prohibited by Allah and Prophet Muhammad (sal Allaahu alaihi wa sallam)

### **B: Healthy signs in relation to self**

1. Self-appraisal.
2. Knows one's own worth and capability
3. Prepares plans as per one's own capability and capacity
4. Make consistent efforts in gaining mastery in one's own profession
5. Knows about one's own needs and aspirations
6. Earns through legal means, lead a modest life, abstains from vices and controls emotions in all conditions -- prosperity or adversity.
7. Has a sense of responsibility and earning livelihood with one's own efforts.
8. Has self-confidence and....
9. Doesn't follow anybody blindly, in both thoughts and actions
10. Exercises patience and always tries to overcome difficulties
11. Make sincere efforts and accepts whatever the results are.
12. Expresses opinion with conviction.
13. Works with all sincerity.
14. Thinking about constructive and good works.



15. Caring about physical health, strength and hygiene

**C. Healthy signs in relation with public**

1. Cordial relations with people.
2. One loves people and is beloved by people.
3. Always helping others.
4. Always speaks truth, honest in dealings, never cheat or do harm to others.
5. Has no ill-thoughts about others.
6. Always remains humble and never feel superior and proud.
7. Respects feelings, views and emotions of others.
8. Respects rights of others.
9. Forgive people despite having power to take punish.
10. Understands responsibilities towards society.
11. Always work for good of society.
12. Cordial relations with family members.
13. Loves wife and behaves with her well.
14. Looks after children and give them better education and training.
15. Respects parents and has good relations with neighbors.

**D. Healthy signs in relation with the universe**

1. Knows his/her own position.
2. He/she should know that human beings are superior to all other creatures.
3. Should know that man is actually Allah's viceroy on the Earth.
4. He/she should know that it is his/her responsibility to impose Allah's orders.
5. Ponder over Allah's creations and believes in Tawheed.
6. Gets benefits from the universe and obeys Allah's orders.
7. Has a soft heart towards all the creations of Allah.

## **Muslim psycho patients and magic**

(A paper submitted by Dr Aziz Ahmed Quadri at national conference on psychology held in Kolkata)

For the past one decade, experts have been stressing the need for developing contact with religious leaders and organizations with a view to finding better treatment and rehabilitation of psychotic patients with their help. Although this is not an easy task consistent efforts are needed for an effective interaction among psychiatrists and religious leaders/spiritual healers.

According to a survey conducted in America in 1990, psychotic patients, apart from psychiatrists, do consult religious leaders/spiritual healers and seek alternative methods for treatment. This shows that people cutting across all faiths do seek help of their religious leaders/spiritual healer to heal psychotic patients.

This is true that some religious beliefs do help in healing psychotic disorders) MC Cube and Priebe, 2004)

### **Aims and Objectives**

The aims and objectives of this research paper are 1) to find out what Muslim psychotic patients think about magic. 2) to compare International Counseling of Diseases (ICD-10) diagnosis with that of spiritual healers 3) to study the treatment methods adopted by spiritual healers and 4) to find out whether the treatment methods of spiritual healers are in conformity with the teachings of Qur'an and Hadith.

Place: Mental Health Centre, Padegaon, Aurangabad (Maharashtra)

Methodology: A total of 100 psychotic patients, comprising 54 male and 46 female, were interviewed during the survey. They were asked about their religious knowledge, its fundamentals, whether they regularly perform prayers and other religious obligations, how many times they had consulted spiritual healers, what was their diagnosis and methods of treatment.

Then we carried a comparative study of their diagnosis/method of treatment and ours. The findings are as follows:

The month-wise patients admitted to Mental Health Clinic, Padegaon, Aurangabad, between April 2006 and March 2007

Month	No. of patients	Muslim	Non-Muslim
April	99	32	67
May	87	29	58
June	98	57	41
July	107	48	59
August	105	41	64
September	97	42	55
October	96	35	61
November	104	54	50
December	98	48	50
January	90	41	49
February	100	42	58
March	90	52	38

Age group of the patients and their diseases

Psychotic diseases	No of patients	Age group 11-20	Age group 21-30	Age group 31-40	Age group 41-50	Age group 51-60	Age group 61-70
Dissociate disorder	02	01	01	-	-	-	-
Acute & transient psychotic disorder	09	04	04	-	-	01	-
Manic depressive disorder	04	-	04	-	-	-	-
Schizophrenia	42	12	17	10	01	02	-
Depressive disorder	25	08	08	04	01	02	02
Addiction	07	02	02	01	02	-	-
Mental retardation	02	02	-	-	-	-	-
Epilepsy	01	-	-	01	-	-	-
Hypomania	06	03	01	01	01	-	-
Obsessive compulsive disorder	02	02	-	-	-	-	-

Comparative study of diagnosis by psychiatrist (international counselling of diseases, ICD-10) and spiritual healers

Serial No.	Diagnosis by psychiatrist (ICD-10)	Diagnosis by spiritual healers		Black magic	Effects of genie	No of cases spiritual healers failed to diagnose
		Effects of genie	Effects of black magic			
1	F-44.5 Dissociate convulsion	Effects of genie	Effects of black magic	01	01	00
2	F-23 Acute psychotic episode	“	“	01	01	03
3	F-31 Maniac depressive disorder			02	02	00
4	Schizophrenia			12	24	06
5	F-32 Depressive disorder			07	13	07
6	F-10 Addiction			03	01	03
7	F-70 Mental retardation			01	01	00
8	F-44 Epilepsy			00	01	00
9	f-30 Hypomania			02	03	01
10	F-42 Obsessive compulsive disorder			00	002	00

Sex-wise diagnosis by psychiatrist and spiritual healers

Serial No.	Diagnosis by psychiatrist	Diagnosis by spiritual healers		Male	Female
		Effects of magic	Effects of genie		
1	F.44.5 Dissociate convulsion	Effects of magic	Effects of genie	01	01
2	F.23 Acute psychotic episode			05	04
3	F.31 Manic depressive disorder			03	01
4	F.20 Depressive disorder			18	24
5	f.32 Depressive disorder			12	13
6	F.10 Addiction			00	07
7	F.70 Mental retardation			01	01
8	F.44 Dissociate disorder			01	00
9	F.30 Hypomania			05	01
10	F.42 Obsessive compulsive disorder			00	02

A statement showing comparative study of diagnosis by ICD-10 and spiritual healers

Serial No.	ICD-10	No. of patients	Diagnosis by spiritual healers		
			Magic	Genie	No of patients not diagnosed
1	F.44.5 Dissociate convulsion	02	01	01	00
2	F.23 Acute psychotic episode	09	01	04	04
3	F.31 Manic depressive disorder	04	02	02	00
4	F.20 Schizophrenia	42	12	24	06
5	F.32 Depressive disorder	25	07	13	05
6	F.10 Addiction	07	03	01	00
7	F.70 Mental retardation	02	00	01	00
8	F.44 epilepsy	01	00	01	00
9	F.30 Hypomania	06	02	03	01
10	F.42 Obsessive compulsive disorder	02	00	02	00
	Total	100	29	52	19

### Method of treatment by spiritual healers ('aamil)

- a) Generally, spiritual healers give taweez to be wore around neck/waist or burnt and sitting near, or douse in water and drink it.
- b) Lemon juice to be used as eye drops, cutting lemon in a specified quantity, lemons to be dropped at particular spot, lemons to be placed in house or under the pillow.
- c) Use of white cock, black crow and organs like liver and bones etc.
- d) Use of blessed water
- e) Anjan to be used as eye ointment.

A table showing things spiritual healers give to the patients suffering from effects of magic and genies (Jinn)

Serial No	Items
1	Taweez
2	Blessed water
3	Lemon
4	Lemon juice (to be used as eye drops)
5	Rose water
6	
7	Eggs
8	Organs (specially of deceased girls)
9	Black cloth
10	Sugar
11	
12	Taweez (made of silver)



### Diagnosis by spiritual healers

Effects of genie	Effects of magic	No diagnosis
56 per cent	17 per cent	27 per cent

A study of methods adopted by spiritual healers for healing patients of psychological diseases shows that generally spiritual healers adopt a similar method of treatment for various types of psychological diseases. Following charts show the details.

Table 8

Sr. No	ICD-10	Diagnosis by spiritual healers	Treatment method of spiritual healers	No of patients	Sex		Age	Education
					Male	Female		
1	F.44.5 Dissociate disorders	Effects of genies, magic	Taweez	2	1	1	25 years	10 <sup>th</sup>
2	F.23 Acute and transient psychotic disorder	Effects of genie on 4 patients, effects of magic on one patient and 4 patients could not be diagnosed	Taweez, blessed water, eye drops of lemon juice, bath by different well water and rose water	9	4	5	20 years	10 <sup>th</sup>
3	F.31 Manic depressive disorder	Effects of genies on two patients and	Taweez for tying around neck and keeping	4	3	1	22 years	10 <sup>th</sup>

		effects of magic on two patients	under pillow, lemon throwing, use of custard oil					
4	F.20	Effects of genie in 24 patients, effects of magic on 12 patients and no diagnosis in six patients	Taweez for tying around neck, blessed water, burning of taweez, throwing of lemons, boiled eggs, drinking milk after soaking taweez, liver of dead girls	42	24	18	25 years	10 <sup>th</sup>
5	F.32 Depressive disorder	Effects of genies in 13 patients, magic on 5 patients and 7 patients couldn't be diagnose	Taweez for tying around neck and waist, taweez for burning, blessed water, lemons for eating, eggs, black cloths, sugar for eating and advise to take bathe	25	3	12	30 years	10 <sup>th</sup>

			on four Fridays without any fail					
6	F.10 Addiction	Effects of magic on 3 patients, genie on 1 patient and no diagnosis in 3 cases	Taweez for tying around neck, for burning, blessed water, some clothes and candles for use	7	7	0	25 years	10 <sup>th</sup>
7	F.70 Mental retardation	Effects of genie on 1 patient and magic on 1 patient	Taweez for tying around neck, sheep, cock and eggs	2	1	1	20 years	7 <sup>th</sup>
8	F.30 Hypomania	Effects of genie on 3 patients, magic on 2 and no diagnosis in one case	Taweez for hanging in house, drinking of water after dipping taweez, throwing of lemons after cutting, applying of ash on body and taweez for tying around	6	1	5	25 years	8 <sup>th</sup>

			waist					
9	F-44 Epilepsy	Effects of genie	Taweez for tying around neck	1	0	1	35 years	7 <sup>th</sup>
10	F.42	Effects of genie on 2 patients	Taweez for burning and use of candles	2	2	0	15 years	10 <sup>th</sup>

Things discovered in taweez: Most of the taweez had some figures, Arabic alphabets, names of angels, soil, grass and pieces of papers.

Types of magic: The names of magic the spiritual healers gave were as follows: Sahar Tafreeq, Sahar Muhabbat, Sahar Taqleel, Sahar Junoon, Sahar Khamol, Sahar Hawatab, Shar Amraaz and Sahar Istehaza.

### **Conclusion**

\*Cent per cent patients of psychotic disorders and their relatives interviewed were of the opinion that such ailments were due to the effects of genies (Jinn) and magic. Apart from having full faith in Allah, most of the patients were also found praying regularly and believed that prayers did help in curing disease. Needless to say, all of them had consulted spiritual healers for treatment.

\*Out of these 100 patients of psychotic disorders, 52 were diagnosed of suffering from effects of genies, 29 of magic and 19 couldn't be diagnosed.

\*The survey thus indicates how strongly Muslim patients believe that psychotic disorders are due to the effects of genies and black magic. This may be because of the fact that there are umpteen references about genies and black magic in the Qur'an and Hadith. But a careful study of those references show that the psychotic diseases are not caused due to genies and black magic. Nor do they show one can exercise command over the genies and get whatever work one wishes.

\*Moreover, there is a lot of literature in Urdu, English and other languages, depicting supernatural forces and human beings. Especially, there are umpteen story-books on magic and genies that create inedible impression on children's mind and strengthen their belief in unnatural forces and elements.

\*Magic was practiced in the days of Hazrat Sulayman, alayhi salaam, but the Qur'an doesn't mention anything about how it is worked.

\*The Qur'an and Hadith also do not mention how to find out whether the effects are due to genie or magic.

\*If one feels that one has been afflicted with magic or genies, Prophet Muhammad (sal Allaahu alaihi wa sallam) has permitted certain dua (prayers), but not all those methods of treatment the so-called spiritual healers prescribe for healing.

\*In my opinion, it is very important to consider the social and religious feelings of the patients during treatment.

### **...And the genie runs away from madarasa (religious seminary)**

By Rafiuddin Rafique

A Mumbai-based daily Urdu Times carried a series of articles by noted psychiatrist Dr Aziz Ahmed Quadri on genie, magic and psychotic diseases. This created a mass awareness and helped the affected persons realized that their ailments were actually psychotic disorders and not the effects of either genie or magic as they believed and were running after spiritual healers for treatment.

Whenever I met Dr Quadri, we used to discuss this subject. One day, Dr Quadri informed me that after reading one of his articles in Urdu Times, an official in charge of girls' madarasa (religious school) contacted him over telephone, saying that his students were complaining of trouble by a genie (ghost or jinn) in the school. Some students even complained that they had seen the shadow of the jinn, some even claimed to have seen the hand of the ghost living in the school toilet. Following which they had to close the toilet.

The students' claims further got confirmed when one spiritual healer also claimed that a genie was indeed living in the school toilet and was troubling the students. Some students claimed to having seen the genie in the wee hours, whereas some claimed that their waist automatically rise up during sleep. Parents of the students and other residents of the village started clamoring for consulting spiritual healers to get rid of the genie. In the meantime, they happened to see my write-up in Urdu Times and requested me to come there. Dr Quadri could tell me this much because the telephone line got disconnected after that. It was around 11 pm when I was lying on the bed pondering over the problem and soon went to sleep.

Following morning, I called on Dr Quadri. Dr Quadri, while thanking Urdu Times for publishing his write-ups and helping create mass awareness about psychotic diseases, insisted on accompanying him to the school. After 10 days, Dr Quadri told me that the official in charge of the school called on him saying that the situation had gone from bad to worse with students opting out due to the fear of the genie. The rumors of the genie troubling the students, especially at night, started gaining ground. The school authorities are taking all efforts to convince the students and their parents, but in vain. They also tried all sorts of treatments suggested by the so-called spiritual healers, but there is no improvement in the situation. The official in charge of the school then requested Dr Quadri to visit the school at least once.

Dr Quadri told me that after knowing the school case, we should visit it and urged me to accompany him. One fine morning, we set forth for the school situated 200 km away from Aurangabad, by a car. During the journey Dr Quadri told me that in such cases, generally unscrupulous land dealers and their cohorts spread rumors to grab the prime land. In some cases, anti-social elements are involved and sometime such situations occur if the school is located at an isolated place.

And if we look at the problem from the medical point of view, it is likely that out of 500 people, some may suffer from psychotic diseases.

Besides Dr Quadri and me, our team was comprised of Dr Tauqeer Ahmed Farooqui, social workers Sangeeta Makarand and Manisha.

We were accorded a warm welcome at the school which was situated on the outskirts of the village. Later, a program was organized at the school ground. At the outset students presented some programs. Then Dr Quadri started his speech with reciting

Auzu Billahi Minashaitaan Nirajeem.

Laying stress on belief in Allah, he said man is made superior to all other creatures in the universe. He has been given the power of mind and will be held accountable for his/her deeds on the Day of Resurrection. Therefore, one has to know what is good and bad. Muhammad (sal Allaahu alaihi wa sallam) says one has to acquire knowledge about good things so as to lead a pious and peaceful life. Thus, in the light of this Hadith, it is not far fetched to know that we should always acquire knowledge that is beneficial for the humanity and should not accept things without verification and should not believe on hearsays.

Dr Quadri said, “I was told that some of the girls are being troubled by Jinn. At the beginning of my speech I told you that we begin reading the Qur’an with

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

to be protected by Allah from the Satan. This school is a sacred place, because here Qur’an and Hadith are taught. Prayers are held regularly and students are busy in learning and reciting the Holy Book. Therefore, the doubts about the school possessed by genies and ghosts are baseless and unfounded. I was told that the genies are living in the school toilets are troubling the students. Some of the students are behaving in strange manner due to the effects of the genie. Some students claim to have seen its shadow while some felt as if the genie is coming. Some complain of severe headache and some say they are suffering from vomiting, chest pain and having sleepless nights. Some even claim that water taps of the school get on automatically, some complain of strange voices and nightmares. Some are feeling anxiety, some complain that someone in black dress is doing rounds in the school, some students are talking in strange tone and tenor, some claim of seeing a ghost, while some claim of being possessed by spirit of a woman etc.

Explaining the reasons behind these things, Dr Quadri said, “Children hear stories about genies, witches and satan right from their tender age. These stories leave indelible impression on the mind. In old days, certain diseases would break in epidemic form and claim thousands to lives. As there were no treatments available, people used to try different treatments that had no concrete proof. Today, the world has made unbelievable progress in many fields and treatment of different diseases has become easy. This is all because of research. Our Qur’an also lays stress on research. But how many of us ponder over the creations of Allah? By research one reaches to a certain conclusion. Here, I ask whether any of you has ever seen a jinn. If so, tell me how a genie looks like. Tell about his form and size.

The Qur'an clearly mentions that one cannot see genies. Then how can one claim that one has seen a genie and say that all the troubles are due to the genies? One cannot see a genie, but if one feels that certain effects are due to genies, read Muwazzateen and Aital Kursi. By reading these verses, you come under Allah's protection. Then why we fear and have anxiety. By reading these Qur'anic verses, genies and Satan run away. We need not do anything else.

All those symptoms, Dr Quadri continues, some of the students apprised me of are found in psychotic patients. This I can tell you with as a psychiatrist having steady and unwavering faith in the Qur'an and Hadith. For example, a patient of depression feels dejected, loses courage and interest in his/her work and studies, loses appetite, sleep, gets crowded with negative thoughts, thinks life is useless, feels weakness and anxiety. Some time such patients get so overwhelmed with suicidal thoughts that they end their lives.

In condition of nervousness, patients hear different voices and feel presence of inconspicuous things, thoughts get corrupted, start laughing or weeping, sometime become reticent, get implicated with suspicions. Hysteria patients try to attract attention of family members by doing strange tricks," Dr Quadri said.

When the Qur'an and Hadith do not tell us about the reasons behind these diseases, then how can we claim they are occurred due to the effects of genies and magic, Dr Quadri questioned. He asserted that it is our ignorance that we discriminate between religious and scientific education. Whereas the fact is that the Qur'an is the main source of al education. After the speech by Dr Quadri, what followed was a question-answer session. One girl said when she was asleep in her room suddenly one hand emerged from a window and tried to strangle her. She started trembling with fear. Dr Quadri asked the girl what she was doing before entering the room. She said she was doing dhikr. Dr Quadri again asked whether she was alone in the room. "No," she said, adding that her roommates were also sleeping beside her. Dr Quadri then asked whether her roommates didn't experience what she did. Then the girl replied in negative saying that the hand of a genie was trying to strangle her only. When Dr Quadri asked the girl how she knew it was the hand of a genie, she said because genies appear at night and trouble people. Further questioning revealed that there was no light that nights and the hand of the girl sleeping next to her had fallen on her.

Dr Quadri further explained that the stories of genies and ghosts children hear from elders leave horrific images on their mind. These fears further get exacerbated when children stay away from parents. After the lecture and question-answer session, the school authorities admitted that after so many unsuccessful efforts, now they were fully satisfied and convinced that the genie has vanished from the mind of the students.

As far as the genies the madarasa is concerned, one should know that psychotic ailments are also prevalent in the madarasa students as in case of other school students and children. Generally, out of every 500 students, 5 to 10 per cent dare found to be patients of different psychotic ailments. Therefore, school authorities should consult any psychiatrist. When the social worker Sangeeta Makarand collected details from the madarasa students and presented to Dr Quadri, it was found that 10-12 students were suffering from different psychotic ailments. Who knows how many schools must be there where people with vested interest are creating problems by spreading such rumors.

## **Reactions**

We come across many books and magazines on different topics, but it is difficult to find one on the subject Dr Quadri has penned this book. Dr Quadri has dwelt on certain topics which is not possible

for everybody. By exploring topics like Islam and blind belief, definition and existence of genies, types of magic, comparative study of psychotic ailments and effects of magic and genies, treatment for magic, Hadith about taweez, psychotic health in the light of the Qur'an and Hadith, Qur'an and scientific view, Dr Quadri has done a great serve to the readers.

Some books were published from time to time in the past, but no research work like this has ever appeared. Dr Quadri has filled a big void by writing this book. A cursory look can show how much efforts and pains Dr Quadri has taken for the book.

Although small in size, this book covers vital knowledge about the Holy Qur'an, Hadith and the latest psychological topics.

Psychology is one of the important branches of medical science. In this book, Dr Quadri has brought forth some cases, highlighting how psychotic patients and their relatives are fooled by the so-called spiritual healers in the name of treatment.

Dr Quadri who is an experienced psychiatrist, needs no introduction. For nearly three decades, he has been serving the humanity with his rich experience in the field. His other books -- Mansik Swasth (Marathi) and Dimaghi Sehat (Urdu) -- are very popular. And needless to say, all these books are a result of the painful efforts undertaken by Dr Quadri. I hope these books will be a great source for further research on the subject.

There was a time when people used to look at psychotic diseases from a religious viewpoint. And therefore when it comes to religious matter, there is a little scope for criticism, however objective it might be. Even today, there are people who believe psychotic disorders as effects of genies and black magic and consult spiritual healers for treatment. And in the hope of getting rid of the effects, a majority of them wear red and black threads around wrist and neck. Some hang taweez and others things in houses and shops. First of all, Dr Quadri has dealt with the misunderstandings about genies and magic in the light of the Qur'an and Hadith. Never before was medical science so advanced as it is today. In the past, people used to believe certain untreatable diseases as calamity, scourge and effects of evil spirits like genies, ghosts and witches. Today, treatment is available for all those diseases. Islam orders its believers to avail themselves of treatment in case of falling ill. It is worthwhile to recall an incident that dates back to the days of Prophet Muhammad (sal Allaahu alaihi wa sallam). One Arab called on Prophet Muhammad (sal Allaahu alaihi wa sallam) asking whether one should avail treatment. Prophet Muhammad (sal Allaahu alaihi wa sallam) said, "Of course, do avail treatment, because whatever diseases Allah has sent, He has also sent treatment." (Musnad Ahmed).

In this book, Dr Quadri has quoted Qur'anic verses and Hadith about genies and magic, and urged psychiatrists, Islamic and other scholars to ponder over the matter. This book is a valuable research work, equally important for students, scholars and general public. May this benefit the humanity, Amen.

Dr Tauqeer Ahmed Farooqui, Aurangabad



Since day-I, satan has an enmity with the Man. First, he deceived Hazrat Adam, alayhi salaam and since then has been trying to misguide the humanity. Qur'an says (Al-Nisa 119)

وَلَا ضَلَّٰهُمْ وَلَا مَنِيْنَهُمْ وَلَا مَرْنَهُمْ فَلْيَبْتِكُنَّ ءَاذَانَ الْاَنْعَامِ وَلَا مَرْنَهُمْ فَلْيَغْيِرَنَّ خَلْقَ اللّٰهِ وَمَنْ  
يَتَّخِذِ الشَّيْطَانَ وَلِيًّا مِّنْ دُوْنِ اللّٰهِ فَقَدْ خَسِرَ خُسْرًا مُّبِيْنًا ﴿١١٩﴾

and in Surah Fatir 6

اِنَّ الشَّيْطَانَ لَكُمْ عَدُوٌّ فَاتَّخِذُوْهُ عَدُوًّا ۗ اِنَّمَا يَدْعُوْا حِزْبَهُ لِيَكُوْنُوْا مِنْ اَصْحَابِ السَّعِيْرِ ﴿٦﴾

With his inconspicuous powers, Satan always tries to misguide human beings and one of his weapons is to mislead them into adopting treatment methods that lead them to shirk. Shirk is unpardonable in Islam. Thus, in this way the Satan succeeds in his plans to corrupt our belief.

Imam Ibne Taymiyyah, in his decrees, writes, “Those who prescribe taweez and adopt other un-Islamic ways to get rid of Jinn don’t succeed in doing so. This is because when they order the Jinn to kill the Jinn troubling or imprisoned him, the Jinn ridicule them, but the spiritual healers think that they have imprisoned the troubling Jinn. This is just a figment of imagination and has no base. (Fatawa Ibne Taymiyyah, 19-46)

Dr Quadri’s book is unique in its own. He has not only presented concrete proofs in the light of Qur’an and Hadith, but also exposed the so-called spiritual healers who force the people to go for un-Islamic and sometime those practices that lead to shirk. In his 30 years of medical practice, Dr Quadri has helped treatment of thousands of patients. The cases of some of these patients prove that relatives of the affected persons consulted spiritual healers and availed their treatment for years, but in vain. Ultimately, when they approach Dr Quadri, they got complete relief by the grace of Allah.

Brain is the most important part of the body. It is because of the brain that man can think and perform all other duties. It is because of his power to think that man is superior to all others living things. Likewise, one who treats mental disorders is above all other doctors and this book superior to other books. Importance of this book can only be realized by those who read it.

May Allah bestow his rewards on the author and the message of this book reach to all, Ameen.

Abdul Qadeer Qasmi Madani,

Teacher, Jamia Islamia Kashiful-Uloom, Aurangabad

‘Jinn, Magic or Mental Illness,’ by Dr Aziz Ahmed Quadri shows the author believes in the existence of genies and magic. This is because their existence is also proved by the Qur’an and Hadith. But, he doesn’t believe that spiritual healers have powers to command the genies and get any work done by them. No spiritual healer could convince Dr Quadri about their claims of possessing control over the genies.

Being a Muslim with complete faith in Allah and Prophet Muhammad (sal Allaahu alaihi wa sallam) and student of science, I also believe that getting control over genies is beyond one’s comprehension. According to the Qur’an and Hadith, Man is made of soil and genies are made of flame of the fire. The Qur’an also says that genie refused to bow before the man. It was because satan thought that Jinn were superior as they are made of flame of the fire. It was this pride that he refused to obey Allah’s order and was condemned forever. And as per his wish, Satan was given a chance to misguide human beings until the last day (Doomsday). In this background, there is no reason why the genies could become subservient to human beings and obey them, as the so-called spiritual healers/witch doctors claim to be so. The present day spiritual healers, with the aim of making a fast buck, have created all the confusion and chaos by distorting the Qur’anic verses. ‘Genie, magic or psychotic ailments,’ might help the community come out of this morass and create a healthy society.

Dr Masood Ahmed,

Retired Professor,

Dr Babasaheb Ambedkar Marathwada University, Aurangabad.

All praise for Allah. I have had an opportunity to meet Dr Aziz Ahmed Quadri. After meeting Dr Quadri and having talks with him, I realize that he is not only a doctor, but a preacher blessed with enough knowledge of the Qur'an and Hadith. One bad trend that is spreading very fast in the country is the so-called spiritual healers, who are duping gullible people of thousands of rupees in the name of treatment. Dr Quadri has been able to curb this trend to a great extent. After reading his book, the so-called spiritual healers will also stop cheating people. I have propagated the message of Dr Quadri in my area and many self-styled healers have stopped their unscrupulous practice. Insha Allah, I will always try to convey Dr Quadri's message to one and all. May Allah reward His choicest blessings to Dr Quadri, Ameen

Maulana Mohammed Shamim Nadvi,

Imam, Jama Masjid, Lasur Station

At a glance

Name: Dr Aziz Ahmed Quadri

Date of birth: August 1, 1953

Education: 1977: MBBS, Government Medical College, Aurangabad.

1979: DPM, National Institute of Mental Health and Neurosciences, Bangalore.

Service: 1977-1982: Lecturer, SRTR Medical College, Ambejogai, Dist. Beed.

Honours: Fellow Indian Psychiatry Society (FIPS), Fellow Indian

Association of Child and Advanced Mental Health.

Director, Mental Health, Aurangabad.

President, Dawat-ul-Qur'an O Sunat, Aurangabad.

President, Majlis-e-Ahad Saaz, Aurangabad.

Member, Idara-e-Slokha, Aurangabad.

Vice-President, Organizing Panel (West Zone),

Conference of Indian Psychiatry Society.

President, Medical Committee of Schools for Mentally Retarded, Ambajogai

Member, Board of Studies, Medical Faculty, Dr Bamu, Aurangabad.

Prizes: Vikas Ratna, Indian International Friendship Society, New Delhi

Books: Mansik Swasth (Marathi)

Dimaghi Seha (Urdu)

Mulanchi Shamata Ani Shikshan Samasiya (Marathi)

Schizophrenia (Hindi)

Jinn, Magic or Mental Illness (Urdu and English)

Bachaon Ki Talimi Salahiyat Aur Talimi Masael (Urdu)

Wasan Mukti (Hindi)

Children Potential and their learning problems (English)

Achievements: Social Service

College for post-graduation in psychiatry.

Establishment of psychiatric unit at Government Medical College, Ambejogai, Honorary professor, MGM Medical College, Aurangabad. Arrangement of study and training in psychiatry for students of MGM Medical College, Government Medical College, Nursing College, at Padegaon-based 50-bed mental hospital. Publication of articles on eradication of blind belief and mass awareness. Presentation of research papers at national and international conferences. Seminars with the co-operation of NIPAT and Police Department. Special lectures at various colleges and schools.

Last Cover Page:

A renowned psychiatrist in this part of the country, Dr Aziz Ahmed Quadri did his graduation at the Government Medical College and Hospital, Aurangabad in 1977 and post-graduation at the National Institute of Mental Health and Neurosciences, Bangalore in 1979. After working as a lecturer in neuroscience at various colleges, Dr Quadri has been serving society for over three decades as a specialist in psychiatric diseases and has cured numerous patients. He has also many books on psychiatric disorders in English, Marathi, Hindi and Urdu to his credit, besides contributing to several national and state science journals. Dr Quadri is also associated with social, cultural and educational institutions and has established a mental health center at Padegaon, four kilometers away from Aurangabad, which offers post-graduation in psychiatric diseases. Through his books and lectures, Dr Quadri has been taking earnest efforts in creating awareness of mental diseases among the masses so that a healthy society can be created. And this book can be termed as a giant leap in this direction.